

The Retreat Newsletter January/February 2019 Volume 16, Issue 1

ELVES DECORATING OUTSIDE

Thank you to **Tom and Arlene Hartnett, Joan Sofia, and Marlene Boobar** who decorated our common landscaping with the Christmas lighting. It puts the Retreat into a festive holiday mood. A special thanks to our **Retreat Women's Club** for the decoration of the Clubhouse at this special time of the year.





Thank you to our Retreat Social Committee Christmas Cocktail Party:

Joe Scerbo, Sandy Morrow, Coni McGuinn, Jean Scerbo and Jim Morrow.

For more picture, go to page 2 and 3.



THE RETREAT ANNUAL MEETING MONDAY, FEBRUARY 11, 2019, 7:00 PM Doors open at 6:30 PM SeaWind Elementary School

RETREAT SOCIAL COMMITTEE CHRISTMAS COCKTAIL PARTY













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January/February 2019

WHAT HAPPENED AT THE WOMEN'S CLUB???

By Mona Wiley

It's mid December and about 40 degrees. Outside! Feels like festivities are about to begin. By the time you read this, you'll probably have the AC on again and wishing for cooler weather. I hope everyone enjoyed the ups and downs of the weather pattern over the holiday season. We certainly all enjoyed the many activities available in this area. Thank you to the many elves for decorating the clubhouse, circle and entry into the Retreat so beautifully! The symbols of our celebrations shone brightly for all to see and inspire us to another year of peace and gratefulness.

The Women's Club made a joyful noise (some sang) at the sing-a-long planned by **Darlene Green**. What a delightful evening with song, cookies, hot chocolate and cider.

We also enjoyed touring a home in the Stuart area that was decorated over the top!! I'm so glad there are folks out there that enjoy doing this. I love to visit and stand in awe at all the lights and trinkets, but I sure wouldn't want to take it down and pack it away!

OK, well **HAPPY NEW YEAR!** First on tap this year is a tour of a US Sugar Farm. This tour will show us how sugar cane is grown, harvested and processed.

On Monday, **January 21st** is our monthly meeting. Gather around 6:15 for refreshments and we'll have a short business meeting afterwards.

On Wednesday, January 23rd Lunch Bunch goes to **Twisted Tuna**. Sign up in the mailroom. Gather at 11:30 if you'd like to car pool and if you have other arrangements, let the person in charge know. That would be Elaine Quinter 545.7927

Friday, February 15th is a visit to the Flagler Museum. If you have never taken this tour, it is a most interesting home reflecting so much of the history of south Florida through Henry Flagler. Whitehall, as it was originally named, is a small house depicting the Gilded Age through the exhibitions of the furniture and original art. Contact Ann Sterling, 245.8648 for more information.

Back by popular demand is our **fashion show** by ladies of the Retreat. These charming models will model beautiful designer outfits from Style Encore, a consignment shop in Stuart. This delightful evening will be on **Monday, February 18th**. Refreshments served in the clubhouse at 6:15 with short business meeting and show to follow.

Then on **Wednesday, February 20th,** Lunch Bunch goes to **Taste**. Gather to car pool at 11:30 am at the Clubhouse. If you have other arrangements, let Mickey Vernacchio (546.4236) know so she won't leave you behind!

Duffy's Days in March – every Tuesday. Support the Retreat Remembers Relay For Life Team by using flyers in the mailroom. Any questions? Call Wally or Lill Malinowski

March 2 and 3 Saturday and Sunday, the Treasure Coast Community Singers perform *Come to the Barn Dance*. This will be at 3:00pm both days at North Stuart Baptist Church, 1950 N. Federal Hwy. Advance tickets are \$15. Contact Dottie Williams (546-3866) for more information.



Bev Clawson

The Women's Club of the Retreat mourns the loss of one of our members, Beverlee (Bev) Clawson, wife of Ron Clawson. Bev was a loving wife, mother, grandmother and friend; she delighted in family time and was a woman of many interests: cooking, baking, softball, competitive equestrian, quilting, jewelry making, and was an avid reader.

Bev joined the Women's Club in 2015. She was a fun person and enjoyed attending our get togethers, whether it was a meeting, luncheon, pool exercises, or bunco. She loved walking her dog, Annie, a labradoodle. She always had a smile on her face and was a wonderful neighbor. Bev will be missed by her Retreat friends.



GUEST SPEAKER — Lori Kinney

NETA Certified Personal Trainer/IDEA Fitness Professional

Lori has been a fitness professional for 26 years and currently works at the Stuart YMCA where she is a personal trainer and class instructor. She will be giving us some tips on staying active as we get older, referencing the book "Younger Next Year" which addresses the Science of Aging. She'll also show us some simple exercises we can do at home or at the gym.

DRUMS ALIVE! Lori brought a sample of her "Drums Alive" class to the Retreat!



HOLIDAY TOUR—LOCAL HOME TURNER MAGICAL—DECEMBER 11



Women's Club Outing: FUN TRAVEL Motor Coach Tour to St . Augustine and Amelia Island







ABOVE:

RoseMarie Savino, Cheryl Wigen, Peggy Mostad, Stephanie Milazzo, Beverly MacCallum, Ann Gott

LEFT:

RoseMarie Savino, Mickey Vernacchio, Stephanie Milazzo, Peggy Mostad, Marie West

This was the Retreat Group traveling on Fun Travel Motor Coach trip to:

St. Augustine and

Amelia Island

November 13th Women's Club Trip to Jonathan Dickinson Park and Lunch at Harry and the Natives!



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WOMEN'S CLUB TRIM-A-TREE PARTY, PIZZA LUNCHEON AND GIFT EXCHANGE



























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ANGELINA COURT BLOCK PARTY

November 17, 2018

A great coming together of new and old neighbors on a beautiful fall day. It began early afternoon and continued into the evening. Lots of good conversation and food shared by all. This was Angelina's second block party and there will be more to come.





January/February 2019

Pickleball Party People Promote Passion!

The Retreat Sizzlers Pickleball players kicked off the new season this fall with a Saturday on-court BBQ Brunch. Tasty treats, music and fun beverages filled the appetite of nearly thirty Retreat Pickleball folks, after morning play. We welcomed back many snowbirds to some cooler weather and rousing matches. This season we look forward to an early 2019 Round-Robin tournament, as more information will follow.

So, once again, you ask, "What is Pickleball?" Our hope is to let all know of the on-court fun and great personal interaction of The Retreat Sizzlers.

The Retreat Sizzlers welcome new players to the fastest growing sport in North America of Pickleball. We play as mixed doubles in our matches with many players on our courts. Guidance and instruction are offered by many players. Retreat players have made many bonds of strong lasting friendships on and off the courts. The courts enjoy healthy competition on Tuesday, Thursday and Saturday morning, from 8:00 AM until about 11:00 AM.

Ron Doucette

Pickleball Representative to the Clubhouse Committee

ronald@sunkist2.com

(772) 245-8484







Venomous Snakes of Florida

By Randy Hoefling

With the proper understanding of the role snakes play in the Florida's ecosystem it becomes clear that snakes are not the dangerous creatures they are often times perceived to be. Learning to coexist with snakes is easy to do with many rewards.

You should never try to kill a snake because that is the #1 reason people are bitten. Just step out of if its' path and it will pass. It has already sized you up and knows that you are not food.

There are penalties and fines for killing certain snakes, which include rattlesnakes.

Randy Hoefling, Retreat resident, and a volunteer at Jonathan Dickinson Park for 14 years and can be found doing many presentations throughout the year at Jonathan Dickinson State Park (JDSP).



On November 10 in our Clubhouse 25 Retreat members were there to hear about the snakes. Thank you, Randy!



Our Property Manager

With holiday season in full swing; a follow up to the publication sent via email blast; residents are encouraged to review the Martin County holiday schedule posted in the mailroom for trash collection as some scheduled days may vary in the upcoming weeks. Landscape mow service is currently on an every other week mowing schedule, with Monday and Tuesdays remaining the same days for mowing. Palm tree trimming been completed for 2018 with Oaks and Palms scheduled to be trimmed again in July of 2019. Sidewalk shaving has been completed, and

pressure washing of the sidewalks is almost complete. First Quarter billing has been mailed and an owner information update sheet has been included. Inspections will continue for privacy and party walls and driveways; owners are encouraged to perform maintenance on those items, courtesy letters will be sent as the first communication to owners whose homes require their maintenance. First notices of the annual meeting will be going out shortly and that mailing will include an "intent to run" form for those interested in serving the community as members of the Board of Directors.

Respectfully, Steve Wendland

Property Manager, LCAM

The Retreat at Seabranch Capital Realty Advisors, Inc.

Phone: 772-546-6112

OGM—Our Retreat Landscaper

- We started our bi-weekly mow cycle.
- We've also installed our seasonal color; we went with purple, pink, and white SunPaitens. Please enjoy them over the next several months!
- We have completed fertilizing all plants and we are 90% complete with turf. To fertilize we use a slow release.
 - A slow-release fertilizer releases nutrients to plants slowly over time. The benefits are that the plants don't receive toxic amounts of fertilizers all at once. The rate of release is determined by how soluble the ingredients of the fertilizer are, among other things like existing soil and weather conditions. Slow-release fertilizers are easy to spread and are suitable for covering broad areas.
- We have reduced the amount of water used due to the evaporation rates decreasing brought by the cooler soil temperatures. Reducing our water use will not only help the environment, but it also helps cut down on the pathogens (fungus) that we experienced last year.

We love serving you and thank you for the opportunity.

OGM

TODAY'S DATE: DEADLINE DATE: F	EBRUARY 1
RETREAT HOMEOWNERS TELEPHONE DIRECTORY AND EMAIL BLAST FORM	
If you are <u>NOT</u> currently listed in the Retreat Telephone Directory and wish to be listed, please fil below. If you are currently listed in the Directory but would like to <u>update</u> your information, please com below with your name and the <u>updated information only</u> .	
If you are NOT currently receiving EMAIL BLASTS from the HOA OR if your email has cha complete the form below.	nged, please
Please sign the form and place it in the Drop Box in the Property Management Office located in the C mail it to: Retreat Homeowners Association 8700 SE Retreat Drive, Hobe Sound, FL 33 <u>ATTN:</u> "Communications Committee"	
If your information is correct, DO NOT fill out this form. List your information <u>exactly</u> as you want it printed in the Directory.	
PLEASE PRINT CLEARLY	
LAST NAME(S)	_
FIRST NAME(S)	
RETREAT ADDRESS	
	_
CELL TELEPHONE (optional)	- 1
EMAIL ADDRESS FOR <u>DIRECTORY (</u> optional)	
EMAIL FOR BLAST INFORMATION TO RECEIVE EMAIL ANNOUNCEMENTS FROM HOA	
Blast email:	_
*Signature(s) are required to have information published in the Directory.	
DISCLAIMER: Information contained in Directory is confidential and not for dissemination outside the Retreat con	nmunity



HAPPY BIRTHDAY TO ANN COLE WHO FLEW IN TO MEET WITH FRIENDS

Missing from the picture is Sandy Morrow, photographer, and Dottie Williams



NATIVES IN THE YARD



By Dottie Williams

With our theme for this newsletter in mind, I thought I had a perfect topic for this edition. Then on one of my morning walks, I spotted a visitor that is in this area only at

this time of year, and it certainly would have made a timely topic, too. The dilemma which should I write about? Well, I've decided to write about both. My first choice, the Sandhill Crane lives in our community with many family members and the second is a bird that visits this area only for a few months each year - the Swallow-tailed Kite.

Just about everyone in the community should be familiar with Sandhill Cranes. These large cranes are easily identified by their red heads, brownish-gray bodies and long pointed bills. Their loud bugling call can be heard for miles and occasionally acts as an alarm clock for some of us. They are year-round residents in Florida but in the winter are joined by additional sandhills that migrate from the North. Usually spotted in pairs, these birds mate for life. They nest in marshy areas close to the water. The female lays one to two eggs and when hatched the young chicks are called "colts." Many of us have had the opportunity to see a pair of adults parading with their colts through our community.

Sandhill Cranes are omnivorous (eats both plants and animals). Their diet is varied and consists of such things as seeds, plant tubers, berries, insects, snakes, frogs and crayfish. They forage for their food which is plentiful in this area. It is not a good idea to put feed out for these birds. When they become accustomed to humans feeding them, they can become very aggressive. There have been reports of Sandhill Cranes attacking young children.

The Swallow-Tailed Kite is a spectacular raptor or bird of prey. Their black and white coloring, long pointed wings and distinctive long forked tails make them pretty easy to identify. They live in South America year round but are known to come to Florida and coastal Alabama, Louisiana and Georgia to breed from March through May. Their diet consists of small reptiles, large insects, small birds and mammals. It drinks by skimming lakes and ponds to collect water on the fly. Watch the skies for these distinctive birds. With their four-foot wingspan, they are beautiful in flight.



BRIDGE SCORES By Carol Flynn

Wishing all our neighbors and friends a Happy Healthy Holiday!

October 2, 2018

- 1 Patsy Shattuck
- 2 Ann Sterling
- 3 Muriel Barry
- 4 Alan Shattuck

October 16, 2018

- 1 Patsy Shattuck
- 2 Rosemarie Scotti
- 3 Steve Strong
- 4 Ann Sterling

October 23, 2018

- 1 Ann Sterling
- 2 Sharon Davis
- 3 Steve Strong
- 4 Carol Flynn

October 30, 2018

- 1 Sharon Davis
- 2 Steve Strong
- 3 Flo Greenberg
- 4 Rosemarie Scotti

November 6, 2018

- 1 Steve Strong
- 2 Sharon Davis
- 3 Ann Sterling 4 – Muriel Barry

November 13, 2018

- 1 Patsy Shattuck
- 2 Steve Strong
- 3 Ann Sterling
- 4 Alan Shattuck

November 27, 2018

- 1- Muriel Barry
- 2 Ann Sterling
- 3 Kay Campbell
- 4 Rosemarie Scotti

December 4, 2018

- 1 Alan Shattuck
- 2 Muriel Barry
- 3 Barry Mussatto
- 4 Carol Flynn



First Friday of EVERY MONTH October thru June

Clubhouse on the First Friday of every month. Bring an appetizer to share and your own beverage. No reservation required. 5:00pm until 7:00pm



RETREAT ASSISTANCE NETWORK

For short-term needs:

- Transportation to medical appointments
- Rides for grocery shopping or hair appointments
- Prescription drug, grocery and mail pick-ups
- Check-in phone calls or friendly visits
- Minimal meal preparation

Audrey DeLoffi, 245.8420

Marilyn Patterson, 932.7492.

All RAN information available on the internet at retreatatseabranch.com

ENJOYMENT BOOKS

I would like to thank the following angels for helping me sell over 30 books for the American Cancer Society: Dotti Wurster, Tom Hartnett, Marilyn Patterson, Jan Kasuboske, and Sherry Perry.

I would like to thank many more for buying over 40 books.

If needed, I have books.

Thank you! Wally Malinowski 772.545.3732

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		Social			<i>,</i>				andymorrow7@gmail.com anmscerbo@yahoo.com	
RETREAT ACTIVITIES AND CONTACTS All Retreat residents are invited to take part in our Retreat Activities. For more information, please call the contact person.										
Bulletin Boards	Pa	it Brown		Red Hat		t Society F		Rita Lariviere		546.9744
(Sell items & business cards)		ackary and 546.630		Relay Fo		or Life Lill Ma		lalinov	vski	545.3732
Channel 63		nan Botkin	regbbb@comca	-	Retreat Assistance		Audrey De		_offi	245.8420
Mah Jongg Mon. & Fri. 9:30 AM	Ca	rol Flynn	546.4118	8	Network (RAN) Retreat Directory		Coni McGu		uinn	545.3465
Mah Jongg Wed. 1 PM	Ang	ela Bibby	545.919	5	Retreat Newsletter		Lill Malinowski Dottie Williams		vski	545.3732 546.3866
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Bulletin Boards	Pat Brown		Red Hat Society	Rita Lariviere	546.9744	
(Sell items & business cards)			Relay For Life	Lill Malinowski	545.3732	
Channel 63	Zackary and Brennan Botkin	546.6308 regbbb@comcast.net Assistance Audrey DeLoffi		Audrey DeLoffi	245.8420	
Mah Jongg	Carol Flynn	546.4118	Network (RAN)	, 		
Mon. & Fri. 9:30 AM			Retreat Directory	Coni McGuinn	545.3465	
Mah Jongg Wed. 1 PM	Angela Bibby	545.9195	Retreat Newsletter	Lill Malinowski Dottie Williams	545.3732 546.3866	
Duplicate Bridge	Carol Flynn 546.4118		Social Bridge	Carol Flynn	546.4118	
Knot Just Knitting	Sandy Morrow Liz Plourde	545.1936 546.5673	Tennis	Tom D'Avanzo	545.7229	
Pickleball	Ron Doucette	245.8484	WEB Master	Marlene Boobar	561.889.4445	
Poker—Men's Straight	Joe Ciocia	545.9767	Women's Club of	Pres. Marilyn Patterson Vice Pres. Florence Greenberg	932.7492 245.8554	
Poker—Texas "Hold—Em"	Otto Vernacchio	546.7523	the Retreat	Treas. Gerri Strong Sec. Deb Benson	545.9963 546.0981	



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Holiday Tour-Elaine Brunelli, Wally Malinowski

St. Augustine and Amelia Island—Ann Gott, Marie West

Women's Club Holiday Party—Linda Wolf, Carol Flynn, Joanne Estes

Angelina Block Party-Mary Clifford

Jonathan Dickinson Park—Ann Gott

Boating—Kevin Knoop

Pickleball—Ron Doucette

Venomous Snakes of Florida—Ann Gott

Dear Retreat Residents,

We thank all that have contributed to this newsletter. Your input is key to the Retreat Newsletter.

This January/February 2019 Newsletter is our 77th issue! Our first newsletter was the March/ April 2004.

We need a theme for the next newsletter!

Thank you!

Your newsletter staff

Dottie, Coni and Lill



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