



# The Retreat Newsletter

March/April 2006

Volume 3, Issue 2



## **PETS IN THE RETREAT**



### **Frosty**

By Hilary Kozlowski

Over the course of many years my wife used her feminine wiles to convince me we should get a dog. Finally about four years ago I succumbed, and said OK.

We did a lot of research to find just the right breed, eventually selecting a Bichon Frise. They don't really

*(Continued on page 2)*



### **TEDDY**

By Helen Larcom

**Teddy** is five years old. We got him while he was in a foster home. He is the most timid cat we have ever had. As soon as

the door bell rings, he hides under the bed. Although, lately he has been very curious about certain people and comes out to investigate.

*(Continued on page 3)*

### **Ginger, Melody and Tippy**

By Chuck Eschenburg

**Ginger, Melody and Tippy**, along with **Molly** across the street, guard the middle curve of Angelina Court. They raise the alarm for the oncoming landscapers, FedEx and



*(Continued on page 2)*

### **BUSTER BEAR HALL**

Birthday: March 1st, 2001

Adopted 4/30/2001 from the Marion County Humane Society in Ocala

Parents: Chuck and Brigit Hall of 8984 SE Hawks Nest Court

Grandparents:

Martha and David Clement

George and Claire Wilder

Buster and his family are Florida Natives



Pen and Ink Drawing by Marsha Levine

### **CORAL**

By Diane Rothacker

Five years ago my husband, Clark and I were devastated when we lost our dog to a hit and run accident. We never thought anything could replace her... and then came **Coral**. She was the smallest and quietest puppy in the litter. Little did we know that this sweet,

*(Continued on page 2)*



### **MOLLY**

By Gene and Cynthia Gillis

**Molly** was born November 17, 2001 in Lebanon, Connecticut, and came to us on January 9, 2002 as a seven-week old

beautiful, cuddly and, of course, lovable golden retriever puppy. When we met Molly for the first time, we were instantly captivated. Molly was one of 12 puppies and

*(Continued on page 4)*



## DOG PHILOSOPHY

Received from Hank Stasiewicz

If your dog is fat, you aren't getting enough exercise.  
-Unknown

If you think dogs can't count, try putting three dog biscuits in your pocket and then give him only two of them. -Phil Pastoret

My goal in life is to be as good of a person my dog already thinks I am.

You can say any foolish thing to a dog, and the dog will give you a look that says, 'Wow, you're right! I never would've thought of that!' - Dave Barry

Dogs are not our whole life, but they make our lives whole. -Roger Caras

We give dogs time we can spare, space we can spare and love we can spare. And in return, dogs give us their all. It's the best deal man has ever made.  
-M. Acklam

There is no psychiatrist in the world like a puppy licking your face. -Ben Williams

A dog is the only thing on earth that loves you more than he loves himself. -Josh Billings

If there are no dogs in Heaven, then when I die I want to go where they went. -Will Rogers

The reason a dog has so many friends is that he wags his tail instead of his tongue. -Anonymous

Don't accept your dog's admiration as conclusive evidence that you are wonderful. -Ann Landers

*(Continued from page 1) Coral*

little ball of white fluff would become the center of our lives.

Clark and I have no children of our own, but we consider Coral more than just our pet. She enjoys our long walks together, especially when she sees her favorite pals: **Bo, Max, Panda, and Maggie**. Coral also loves to chase lizards in our garden and lie on the patio in her lounge chair. She is truly a Florida dog and enjoys living in The Retreat as much as we do!

To those Retreat residents that have lost their family pet members, we hope this issue brings back the good times that you enjoyed with your pet. There are many animal shelters that could have that special someone just waiting for you to pick them up and give them a loving home.

*(Continued from page 1) Frosty*

shed and are nearly hypo-allergenic. After still more research we found a great breeder near us, and arranged to get a puppy from the upcoming spring litter. When the time came we visited the breeder to make our selection. Five little white balls of fluff were trotted out, each with a different color paint dabbed on their tail. The five followed the breeder around in a row like little ducklings. After watching them play together and interact, we selected the green one, who has an even temperament, nice proportions and a cute face. We named him **Frosty**.

Frosty has provided many opportunities to meet people on his daily walks. People remember Frosty (but not always his "parents"). Frosty's first love, beyond food, is being with us. He likes to go for a ride in the car, be chased around the house, and play tug of war. He also likes to join in family naps. I sometimes think Frosty believes he's human.

As it turns out Frosty is a great traveler. On our trips to Connecticut he hops in the back seat and sleeps most of the time, getting up when we make comfort breaks or

*(Continued from page 1) Ginger, Melody and Tippy*

UPS vans and especially the bi weekly waste management trucks.

Ginger is a retired AKC champion Chihuahua, a true alpha female. She is a fearless protector, thinking she is at least a Rhodesian ridgeback or great dane--at least the coats are similar. Ankles are her best targets.

Melody, on the other hand, tries to hide from perceived dangers. She is a beautiful example, though undersized, of the imperial Japanese chin breed. She feels she is an empress, always seeking the highest pillow to look down on her roommates.

Tippy is a "giant" long haired Chihuahua who looks like a wolf, but acts like a chicken. She is the sentinel, raising the yapping alarm at the first strange noise. Noisy, but loving, she is the baby of the pack.

They complain daily about the fact that the back yard is off limits due to the nearby crawl of the large silver back alligator. So many birds to flush back there, but the lake bank is too dangerous and they are the bite sized morsels a gator might relish. Such is life along Lake "Miniscule" behind Angelina Court.

# Maui, Squeaky and Chris

By Lynn York

We have two cats, both adopted from PetsMart in Melbourne, Florida. **Maui** is a black Maine Coon about four years old and is very vocal and likes to play hide and seek. **Squeaky** is a black domestic about two years old. She is very shy but extremely loving. She had a horrible first year living under a trailer after being hit by a car. She doesn't really know how to play but she tries. Maui loves to play but Squeaky thinks she is under attack. After a year of living together they will sometimes bat at each other without growling or meowing! I guess that is their compromise in playing together! Our dog **Chris** a ten-year old Golden Retriever bought from a breeder in Lake Park, likes our cats but shies away from them because they both want to jump on him. I guess all I can say is they all tolerate one another!

## WHAT CATS DO FOR US

- Warm our laps
- Give us someone to talk to
- Help reduce high blood pressure
- Bring the winter air inside, nestled in their coats
- Create a kindred feeling with other "cat people"
- Turn common household objects like bottle caps into toys
- Make us more aware of birds
- Donate their services as alarm clocks
- Display daring acrobatic feats right in front of our eyes
- Contribute to living a longer life
- Make a window sill more beautiful
- Keep mice on the run
- Make us smile
- Inspire poets and playwrights
- Teach us how to land on our feet
- Let us indulge our desires to really spoil someone
- Make our homes warmer
- Remind us that life is mysterious
- Share with us the all-is-well experience of purring
- Instruct us in the luxurious art of stretching
- Show us how to lick our wounds and go on
- Give us cool cartoon characters
- Make even an old worn couch look beautiful
- Open our hearts



(Continued from page 1) *Teddy*

When we lived in New Jersey, he spent most of his time in the greenhouse window in the kitchen. Now he spends all his time on the back porch watching all the birds. When he is inside I feel like I own a lamb, he follows me around everywhere. We truly enjoy him. He is a wonderful pet.

## TEN CATMANDMENTS

1. I am the Lord of thy house.
2. Thou shall have no other pets before me.
3. Thou shalt not ever ignore me.
4. I shall ignore thou when I feel like it.
5. Thou shalt be grateful that I even give thou the time of day.
6. Remember my food dish and keep it full.
7. Thou shalt spend most of thy money on toys and gifts for me.
8. Thou shalt always have thy lap ready for me to curl up in.
9. Thou shalt shower me with love and attention upon demand.
10. Above all, thou shalt do anything and everything it takes to keep me happy.

## Golden Age Passport

The Golden Age Passport is a **lifetime** admission and discount pass for citizens or permanent residents of the United States who are age 62 or older. The pass is valid at National Park Service, Bureau of Land Management, Corps of Engineers, Fish and Wildlife Service, Forest Service, and Tennessee Valley Authority sites with admission fees. The Golden Age Passport admits the pass owner and any accompanying passengers in a private vehicle if a park has a per vehicle entrance fee. Where a per person entrance fee is charged, the Golden Age Passport admits the pass owner, spouse, and children.

The Golden Age Passport also provides a 50% discount on federal use fees charged for facilities and services such as camping, swimming, parking, boat launching, and specialized interpretive services. In some cases where use fees are charged, only the pass owner will be given the 50% price reduction. The Passport is nontransferable and does NOT cover or reduce special recreation permit fees or fees charged by concessioners.

A Golden Age Passport must be obtained in person at a federal area (National Park, Wildlife Refuge, Forest, etc.) where an entrance fee is charged. **The cost of the Golden Age Passport is \$10.00.** It is available only to citizens or permanent residents of the United States who are 62 years of age or older. You must show proof of age and residency, such as a state driver's license, birth certificate, or similar document.

## PEEVES THAT DOGS HAVE ABOUT HUMANS



Taking me for a walk, then not letting me check stuff out. Exactly whose walk is this anyway?

Any trick that involves balancing food on my nose... stop it!

Dog sweaters. Hello ??? Haven't you noticed the fur?



Any haircut that involves bows or ribbons. Now you know why we chew your stuff up when you're not home.



## TROY'S BIRTHDAY PARTY

By Gene Gillis

This is a picture of a doggy birthday party which took place on February 7th. **Troy** Mason and some of his closest friends had quite a party. Troy, the small Yorkie in the center, was the guest of honor. Guests are from the left: Molly, Mick, Mindy, Sparky, Birthday Honoree Troy, Curly, Reni, Freddie, Penny, and Mickey. The party took place at the roundabout on Angelina Court. Happy birthday, Troy!



## HAVE YOU MET MORGAN?

**MORGAN** STRONG BELONGS TO GERRI AND STEVE STRONG ON RETREAT DRIVE. OFTEN YOU SEE MORGAN TRAVELING ALONG SEABRANCH OR TAKING A TRIP ONTO

ANGELINA COURT FOR A BRIEF WALK. SHE USUALLY WANTS TO RETURN HOME QUICKLY BECAUSE THERE IS ALWAYS A TREAT TO FOLLOW THE WALK. MORGAN ENJOYS THOSE TREATS!!

MARLENE BOOBAR (HOLDING MORGAN IN THE PICTURE) IS MORGIE'S "AUNT." SINCE MARLENE IS IN THE ATTACHED CAPRI BESIDE GERRI, SHE OFTEN VISITS AND LOVES TO HOLD THIS PRECIOUS LITTLE, LOVEABLE YORKIE.

(Continued from page 1) Molly

all were just as beautiful as she was; however, we knew immediately that she was the one.

We are sure that everyone thinks their dog is the greatest in the world and we are no exception. Molly attracts a lot of attention and is well socialized with both people and other dogs.

Molly is a retriever/water dog. However, she won't go near water. Molly loves to have us throw her ball so she can chase it. However, we get more exercise throwing the ball, getting the ball and then throwing it again. She always chases it; it is the retrieve part she has a problem with. She also is a good excuse to go for a morning and evening walk.

Since we got her I have been doing my morning back exercises on the floor. You guessed it, that is her territory and it is unbelievable how many ways she can interrupt my routine. It makes exercising easier and more fun. The one great trick we taught her as a puppy was to ring a bell we hung from the door when she needed to go out. This has served us well and helped greatly with the house training.

Although now only four years old, it seems as though she has always been a part of our life. Molly has brought much joy and love into our lives and believe me she gets as much as she gives.

## USEFUL COMPUTER LINKS

By "Cybrary Man" aka Jerry Blumengarten

[www.cybraryman.com](http://www.cybraryman.com)

### E-CARDS and PET LINKS

#### E-cards

E-cards enable us to send greetings for all types of reasons to friends and family members. They even provide **pet e-cards!** There are many sites that give free e-cards. I enjoy using animated e-cards from 123Greetings: <http://www.123greetings.com>

Here are some of the categories that they provide:

Anniversary, Arts, At Work, Birthday, Events and Holidays, Everyday Cards, Family, Flowers, Food and Drink, Friendship, Gifts, Inspirational, Invitations, Kids, Love, Music, Pets, Religion, Specials, Sports, Stay in Touch, Teens, Toys, Travel and Wedding.

#### Some Pet web sites:

**Pet Vacations** provides links for accommodations, travel tips, travel tales, pet clinics and vets and they even allow you to upload pictures of your pet. They have a searchable database of thousands of Pet Friendly Motels and Hotels

<http://www.petvacations.com/>

#### Merck Veterinary Manual

<http://www.merckvetmanual.com/mvm/index.jsp>

The Merck Veterinary Manual (MVM) has served veterinarians and other animal health professionals as a concise and reliable animal health reference for over 45 years. Since its introduction, the MVM has been eagerly adopted by the veterinary profession as a practical and comprehensive resource worldwide.

Over the years, the MVM has more than doubled in volume to accommodate advances in scientific knowledge and the expansion and specialization of the veterinary profession. The new, color-illustrated and searchable online format allows further enhancement of the MVM as a powerful and convenient reference tool.

My Pets links page can be found at:

<http://www.angelfire.com/stars3/education/pets.html>

My Animals links page:

<http://www.angelfire.com/stars3/education/animals.html>

## Household Tidbit

By Bea Kozlowski

The heating/air conditioning thermostat in the Retreat homes contains two double AA batteries located inside the thermostat box. Some residents who experienced problems with their thermostats reported that replacing the batteries with new ones resolved the problem.

## RELIABLE SERVICE PROVIDERS

Several of our readers have asked us to put together a list of reliable service providers. Here is the input we have received:

**Bonnie Becker** writes:

- Joe Boucher** of course for many things but especially carpentry 772.546.2049.
- Leo's Repairs** for good screen work. He is fast and fair in charges. Cell: 772.528.9393 or 772.340.1387.
- Service Master** for cleaning furniture 772.228.4222, 2201 SE Indian, Stuart.
- Marty Keck** for painting 772.781.6511.

**Alan Vandall** writes:

- For swimming pools sales and service - Almar Jackson - Jupiter - **ON TIME COMPLETIONS** Located in Jupiter - They did my pool and two neighbors. If anyone would like to view the finished product, have them call and arrange a visit. As long as we are aware, there would be no problem.

## SCHLAGE FRONT DOOR LOCK

An Idea from a Homeowner

If you have corrosion on your front door lock, call Schlage Lock at 888.805.9837. They may send you a free replacement.



Top left: Ernie and Brad  
Bottom left: Amy and Marian

## PARTY FOR THE WEXLERS

By Marian Spengler

Marian and Ernie Spengler of Eldorado Way hosted a party for their neighbors, **Amy and Brad Wexler**. The Wexlers had returned from Russia in early January.

## Artists of the Retreat

By Marsha Levine

There will be a first meeting of **Artists of the Retreat** on Wednesday, March 8th, 2006 at 7 pm. It will take place at the home of Marsha and Bob Mark, 9221 SE Eldorado Way. Everyone is welcome to join us. Any inquiries, please call the Mark's at 772.545.2888.

## AN ACT OF KINDNESS

By Jane Stokes

On a recent morning in The Retreat, a jogger found a wallet lying in the road. Via the driver's license, she jogged to the address. Finding no one at home, she came over to where I was. I didn't know the people at that address. When their next door neighbor's garage door opened, she gave the wallet to them. Several minutes later the owner of the lost wallet returned home. Imagine the feeling of losing your wallet!

The jogger clearly broke her stride and momentum to see that the wallet was safely returned to its owner.

This took place on La Creek Court.



## CONGRATULATIONS

### ED SHIRK

Retreat resident, **Ed Shirk**, of 9013 SE Hawks Nest Court was recently inducted into the Lawrence High School Hall of Honor. The school is located in Lawrenceville, New Jersey. This honor was for both teaching and coaching. Ed had been involved in teaching for a about 42 years, and he also coached football for almost 30 years and track for 14 years. Ed retired from coaching in 1989 and from teaching in 2000. He was presented with the NJSIAA (New Jersey State Interscholastic Athletic Association) Award of Honor in 1989, and Ed was inducted into the NJSIAA Hall of Fame in 1990.

## Young Retreat Artist, Ryan Hoefling

By Marsha Levine,

Art Teacher and Artist



**Ryan Hoefling**, one of our young artists at The Retreat, was selected to receive a certificate of honorable mention from the Hobe Sound Chamber of Commerce Festival of the Arts Children's contest. His entry was one of 270 other entries. That is a marvelous accomplishment for one so young. He was younger than all the other artists! Congratulations! His art was on display at the 2006 Hobe Sound Art Show.

## SOME MORNING FOLK

by Chuck Eschenburg

I ride my bike thru the Retreat most mornings and see many of the same people out many days. It occurred to me that perhaps each has a "story" that might be of interest to their neighbors.

Perhaps you have seen **VICTORIA ZAKIAN** propelling her walker along Eldorado or Glacier. She is out most mornings, dressed in white, enjoying the fresher air after dawn. *Victoria is 94!* She was an orphan at age three because her parents were killed in World War I. She was raised by Nuns in a convent in Beirut, Lebanon, until found by an uncle. She then went to France, married at 18 and moved to Staten Island. Most of her story, she says, is "too long to tell" but she shares the facts that she lost her husband, a chef, 30-40 years ago; had five children, and lives with her "wonderful daughter." She is looking forward:.."when I go up There, I will see my parents." Enough said.

I often see morning folk accompanied by their dogs for morning exercise and ablution.

**Panda Bear** is a Shih Tzu that trots along **TOM WIGEN**. Tom grew up in Minnesota, but has lived in Florida for 30 years. He is out for about 45 minutes of exercise most mornings, covering most of the development. He has no particular story to share, except the enjoyment of the morning outing with his canine friend.

Hurrying along behind two lively beagles is **ERICA YANORA**; sometimes accompanied by her husband, **JEFF**. Erica grew up mostly in Connecticut, but did a bit of moving about as a member of a Navy family. When asked about her story, she has replied, "I'll think about it." Maybe we will learn the results of her thought in the next issue.

## Many "Unsung" Volunteers of the Retreat

By A Retreat Resident

Who are the "*unsung*" *volunteers* of The Retreat? They are the walkers who pick up the trash that no one else will pick up along the streets, walkways, end of driveways, in bushes, around trees, and elsewhere. Thank you!

# WOMEN'S CLUB OF THE RETREAT

By Marlene Boobar



New President  
Karin Ryan  
welcomes you to  
join the Women's  
Club

The *Women's Club of the Retreat* meets every third Monday of each month at the Clubhouse at 7 pm. All women at the Retreat are welcome to attend.

In excess of 70 women were in attendance at the January 16<sup>th</sup> meeting. Sign up sheets were available for the "girls" to choose which committee they might like to participate in this year. Various committees plan parties, luncheons, gambling cruises, and this year a trip is planned to the Culinary Institute. Who couldn't benefit from a cooking lesson...and receive a wonderful lunch too?

Events are open to everyone (even husbands)! Yes, guests are often welcome to various events.

A Retreat resident had been heard saying that she never felt at "home" here at the Retreat until she made some lifelong friends. These friends were made while serving on a committee from the Women's Club.

Please drop in and check out the Women's Club... sign up for a committee and make a friend!

Next meeting...**March 20th**. Y'all come!!



## The Women's Club—Outreach Committee

By Marlene Boobar

On Sunday, February 5<sup>th</sup>, several members from the **Outreach Committee** met at Emily Mussatto's home for a painting lesson! Emily graciously opened up her home to offer some helpful tips for painting on canvas. It was on February 12<sup>th</sup> that more members met at the Clubhouse to paint and decorate canvas bags, which will be filled for children arriving at **SafeSpace**. SafeSpace is a private non-profit organization which provides safe, confidential shelter to victims of domestic violence and their children. These canvas bags will be completely decorated and filled for these children arriving at the shelter. SafeSpace is one of the charities that the Women's Club has chosen to support this year. A speaker from the shelter gave a brief presentation at the last Women's Club meeting. A large collection of necessary items for this shelter will also take place on Monday, March 20<sup>th</sup>.

In addition to supporting the SafeSpace Shelter, the

Outreach Committee continues to support the **Hope Rural School**. Each and every Monday and Friday, groups of women go out to Indiantown and volunteer at the library. Hundreds of hours of service have been donated to the school. We continue to donate six to eight hours of service each and every week. There is a notice in the mailroom if anyone wishes more information about this on-going project or wishes to get involved. We are always looking for more individuals to travel out with us.

The Outreach Committee is also continuing to collect **box tops for education**. The collection box is located in the mailroom. These box tops are given to the Hope Rural School and provide ongoing financial help. We find that collecting these box tops are relatively effortless on our part; yet really do help the school. We continue to ask each homeowner to look out for these tops on labels when opening a box or can and drop them in our "black" collection box in the mailroom.

The Outreach Committee provides opportunities for social interactions for residents, while providing a vehicle for members to give back to the community at large. With these activities and many more that we are planning for the rest of the year, we think we are fulfilling just that mission!

- ||| **COLLECTION FOR SAFESPACE, INC.** |||
- ||| **MONDAY, MARCH 20, 2006** |||
- ||| **PLEASE BRING ITEMS TO THE CLUBHOUSE PRIOR TO 7 PM** |||
- ||| GAS CARDS, PHONE CARDS, GIFT CERTIFICATES (PREFER WALMART OVER PUBLIX FOR THE ABILITY TO PURCHASE CLOTHING ITEMS AS WELL AS FOOD), GIFT CERTIFICATES FOR FAST FOOD |||
- ||| DEODORANT, SHAMPOO/CONDITIONER, TOOTHPASTE, TYLENOL (ADULTS AND CHILDREN), BATH AND SHOWER GELS, RAZORS |||
- ||| PAMPERS (SIZES 2, 3, 4, 5, 6) |||
- ||| BATH TOWELS, WASH CLOTHS, TWIN SHEETS, SHOWER CURTAINS, PILLOWS/PILLOWCASES, BATH RUGS |||
- ||| KITCHEN AND CLEANING SUPPLIES |||
- ||| OFFICE SUPPLIES |||
- ||| JOURNALS (BLANK), BOOKS |||
- ||| PANTRY AND FOOD ITEMS |||

## QUICK TIPS TO HELP YOU MINIMIZE YOUR RISK OF IDENTITY THEFT

Received from Lois Beutlich

- ☑ Review your credit reports frequently.
- ☑ Do not place outgoing mail in your residential mailbox.
- ☑ Implement a clean desk policy at home.
- ☑ Never give personal information over the phone or Internet.
- ☑ Beware of mail, e-mail and telephone solicitations.
- ☑ Invest in a shredder that makes tiny pieces or confetti.
- ☑ Never leave receipts at ATMs, bank workstations, trash receptacles, or unattended gas pumps.
- ☑ Sign all credit cards upon receipt.
- ☑ Use a gel ink pen (like *uni-ball*) when signing checks and credit cards.
- ☑ Review your credit card statement as soon as it arrives.
- ☑ Check all your personal and business accounts frequently.
- ☑ Always shield your pin numbers when using an ATM.
- ☑ Only use essential information on your checks. Not birth dates or social security numbers.
- ☑ Lock your blank check stock in a secure place.
- ☑ If an investment proposition seems "too good to be true" it probably is.
- ☑ Educate yourself about identity theft. Know your consumer rights.

For a free copy of your credit report you must use the official WEB site:

[www.annualcreditreport.com](http://www.annualcreditreport.com)

Phone: 877.322.8228

Above information was received from  
First National Bank and Trust Company



## SOCIAL COMMITTEE

By Elaine Quinter

Thanks to everyone for helping with the setup and cleanup for the **Super Bowl Party**. Thanks also to all the great cooks who helped make the Super Bowl Party a success! The food was delicious and everyone enjoyed the camaraderie. Our gratitude to Mike Fazio for running the football pool and Curt Quinter for selling the raffle tickets.

On Saturday, March 18, 2006, the Social Committee will be sponsoring a **St. Patrick's Day Dinner Dance** at the Knights of Columbus at the corner of Cove and Kanner Highway in Stuart. Tickets will be on sale at the Retreat

## NEWS FROM OUR BOARD OF DIRECTORS

By Bill Cole

- ☑ Completed our first full year with many positive changes and no special assessments.
- ☑ DiVosta returned to your HOA \$161,000.00...all of our capital contribution charges paid by original owners at closing.
- ☑ We do not have **ANY** members that are delinquent in paying their quarterly assessments.
- ☑ Martin County (and Palm Beach County) Emergency Services has gone on the record concerning hurricane shutters..."**We want people to shutter up during a storm, but we want them to take them down after the storm.**"
- ☑ Stump removal will be completed on Seabranche Boulevard shortly.
- ☑ Sprinkler system is still a work in progress.
- ☑ First 6 memorial benches have been installed.
- ☑ Engineering, preserve, and permit issues are being discussed with DiVosta.

Thanks to all our volunteers, members, managers, and vendors for helping us with all the progress we made in 2005.

## ANNUAL MEETING OF THE RETREAT

February 16th was our first real Annual Meeting. Nearly half of our 555 homes were represented either in person or by proxy...a very good turnout.

**Muriel Barry and Coni Mc Guinn** were re-elected for two-year terms.

Steve Chulli has replaced Todd Jackson as our Senior Property Manager.

A very positive meeting...thanks to all who helped and to all who attended and voted.

The Board held an organizational meeting afterward and voted to keep all five members with the same titles they held in the previous Board.

Clubhouse on Saturday, March 4, 2006, from 9:00 am to 11:00 am. The price will be \$25.00 per person. Feel free to invite friends and relatives.

On April 22, 2006, the Social Committee will be sponsoring "**A Taste of Italy**" from 6:00 pm to 9:00 pm at the Retreat Clubhouse. Everyone is asked to bring their special Italian dish. A sign up sheet will be in the mail-room.

The **Kentucky Derby Party** is May 6, 2006. We will post details on the bulletin board closer to that date.





The Retreat's Relay for Life Team Captain, Becky Freedman, presenting Danielle Crouch, our American Cancer Society Community Representative, with a check for \$1,500. The money was raised the Holiday Home Tour and the selling of the cancer bracelets.

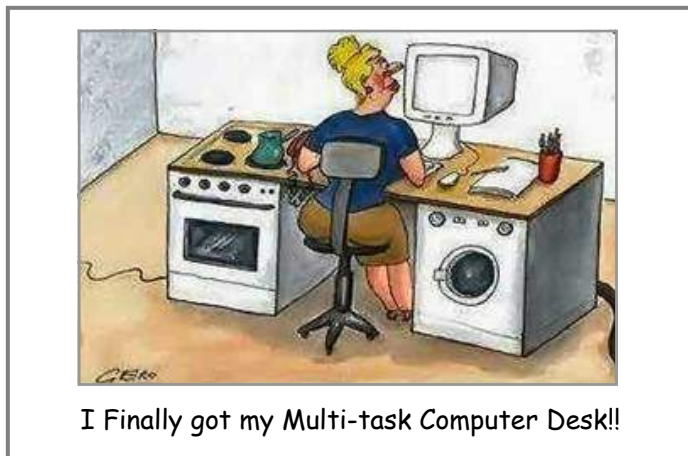
## 2006 RELAY FOR LIFE

In addition to the **Book Fair on March 4th**, there will also be a **Bake Sale**. A cafe atmosphere with coffee and tea provided will be available if you want to sit back and browse through books that you may

wish to purchase. On sale will be an assortment of home made pastries as well as hard back books, paperbacks, special books, and magazines. Books can be purchased via cash or checks made out to the American Cancer Society.

In addition to the above, **we will be taking orders for items with the Retreat Logo on them**. We selected quality products that are 100% cotton and have been pre-shrunk. The **golf/polo shirts** are available for the ladies and men in two colors: maize (yellow) and cactus (green.) The shirts are \$35 with an additional \$3 for sizes greater than XL. We are also offering **caps and visors** for \$15. The Retreat Logo items can be purchased by cash or check made out to **EmbroidMe**, a business owned by Retreat residents.

Again this year we will have commemorative **Relay for Life Stars and Moons** in memory or in honor or whoever you wish to designate. The **Relay for Life will be Friday, March 31 starting at 6 pm to Saturday, April 1, at the RV Reed Park in Hobe Sound. We need walkers to walk the lap throughout the entire event.** The reason for walking laps is to enforce that cancer never sleeps. If you are a cancer survivor, please contact either Becky Freedman at [beckyf561@aol.com](mailto:beckyf561@aol.com) or Lill Malinowski at 545.3732 or [lillm@adelphia.net](mailto:lillm@adelphia.net). There will be a dinner prior to the event for cancer survivors and a special lap for the survivors and other gifts.



I Finally got my Multi-task Computer Desk!!

## BOOK FAIR

Sponsored by:  
 "The Retreat Remembers..."  
 Relay for Life Team  
 and  
 The Retreat Book Club  
**Saturday, March 4, 2006**  
**10 AM to 2 PM**  
 Retreat Clubhouse

If you have books that you would like to donate to the sale, bring the books to the Clubhouse the day of the fair by 8 AM or call:  
 Lill Malinowski at 545.3732  
 to drop books off ahead of time.

For more information, contact:  
 Becky Freedman at [beckyf561@aol.com](mailto:beckyf561@aol.com)

*ALL PROCEEDS GO TO  
 THE AMERICAN CANCER SOCIETY*

## UPSILAMBA ROUNDTABLE

*By Becky Freedman*

The **Retreat Book Club** has picked the following selections for this year:

- March 9 - "Tender is the Night", F. Scott Fitzgerald
- April 13 - "Life of Pi", Yann Martel
- May 11 - "River of Darkness", Rennie Airth
- June 8 - "Don't Let's Go to the Dogs Tonight", Alexander Fuller
- July 13 - "Five Comic Plays", Chekov
- August 10 - "The Finishing School", Muriel Spark
- September 14 - "The Widow of the South", Robert Hicks
- October 12 - "The Optimist's Daughter", Eudora Welty
- November 9 - Pope Joan, Donna Woolfolk Cross

We hope that all members will enjoy these books, and the discussions that their reading creates. Meeting dates are the second Thursday of the month at 7 pm at the Retreat Clubhouse. Selections and dates are subject to change and will be posted in the mail room.



## COMMUNICATIONS COMMITTEE

### *The Retreat Newsletter*

*The Retreat Newsletter* is published every other month excluding July/August. If you are out of town and want to read the newsletter as new issues are published, there are two ways to do this. If you have Internet access, go to our Retreat WEB site: [www.retreatatseabran.ch.com](http://www.retreatatseabran.ch.com). Click on the NEWSLETTERS icon, and then select the latest version which is the first to be listed. You can read it online or print it off.

If you wish to have the newsletter sent via the US Mail, contact Lydia Keller at 8508 SE Retreat Drive or call her at 545.7142. Drop off or send Lydia a dollar for postage and handling for each issue you wish to receive. Also, provide address label(s). Lydia will send the newsletter as it is published. Thank you, Lydia, for providing this convenience to our traveling residents.

### Note from Your Editors

Each issue of *The Retreat Newsletter* has a theme on which feature articles are focused. The March/April newsletter theme is **PETS IN THE RETREAT**. For the May/June issue, the theme will be **NATURE IN THE RETREAT**. It would be interesting to have residents identify wildlife that they have seen in the Retreat—birds, fish, reptiles, as well as plants, trees, flowers. Pictures would be wonderful if you happen to have any such as sunsets and wildlife. If you have a source describing animal tracks or any interesting facts about the wildlife that would be helpful.

Speaking of newsletter themes, we ask you, our readers, to suggest future themes for the newsletters. Send your ideas to us.

*We welcome your input!*

A Mass will be said in memory of Brenda Rosetta on Sunday, February 26, at noon at St. Christopher Church.

### Notice to RETREAT Pedestrians

From a Retreat Resident

For safety's sake, we have been asked to remind pedestrians to walk on the sidewalks rather than in the roads.



Pen and Ink Drawing by Marsha Levine

## From The Florida Fish and Wildlife Conservation Commission

In Florida it is **illegal** to feed Sand Hill Cranes, Bears, Raccoons, Fox, and Alligators. (The Florida Administrative Code, Part IV, Ch. 86A-4 General Prohibitions and Requirements; Specific Authority Art. IV, Sec. 9, Fla. Const.)

It's never a good idea to feed any wildlife. Feeding animals may cause them to concentrate on food provided by humans such that they become a nuisance or a threat to people. Feeding stations tend to be places where wildlife congregates and diseases are readily passed among individuals. In addition, most food that is fed to wildlife by people is junk food. Things like bread and other human staples are generally poor substitutes for naturally nutritious foods that wildlife finds on its own.

The need to commune with wildlife by feeding it is usually due to strong emotional attachments to animals combined with a lack of knowledge about the detrimental affects of feeding. Responsible people who research the issue, learn that the consequences of feeding wildlife are far more detrimental than helpful. About the only exception to this rule are those people who maintain bird feeders with the proper food items and who clean their feeding stations regularly (several times a week) with a 20% bleach and water solution.

You can report suspected wildlife law violations of any type through the statewide, toll-free, 24-hour Wildlife Alert hotline at 1.888.404-FWCC. You can find more information by visiting:

<http://myfwc.com/law/alert>

### SNAKE ALERT

Be aware that The Retreat Office has been informed of several large, venomous snakes in The Retreat. One snake captured was a **Diamondback Rattler** about five feet long. When it is cold, the snakes seek warmth. The Rattler was found around the air conditioning unit enjoying the warmth from the fan motor. **Use extreme caution when around venomous snakes.**

# RETREAT BOARD OF DIRECTORS

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## RETREAT OFFICE MANAGER

<b>Office Hours:</b> Tuesday and Friday 9 am to 1 pm <b>By Appointment Only:</b> Tuesday and Friday 1 pm to 4 pm	Gina Cotto	<b>Clubhouse Office:</b> 546.6112 Fax: 546.1699 <b>Capital Realty for</b> Work Orders, General Questions, Emergencies: 1.800.940.1088	retreathoa@adelphia.net
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### Notice to Pet Owners

- Please pickup after your pets. This is in effect ALL THE TIME—during the day and during the night. It does not matter how large or small your pet is.
- Some pet owners are allowing their pets to roam the area without a leash. For the safety of Retreat residents and their company and pets, it is imperative that your pet be on a leash when outdoors.

### RESIDENT SECURITY INFORMATION

If you leave your Retreat home for an extended time period, please fill out a **RESIDENT SECURITY INFORMATION** form. The form is located on our WEB site under "HOA Forms" as well as in the Retreat Office. The completed forms will be secured in the Retreat Office. This provides the management team with vital information in case there is a problem with your home while you are away.



Call George

George E. Rebholz  
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Retreat Resident Specialist

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" I LOVE THE RETREAT "

## ADVERTISING

To advertise in either *The Retreat*  
*Newsletter* or *The Retreat Directory 2006*,  
contact Coni Mc Guinn at 545.3465.

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