



The Retreat Newsletter

March/April 2007

Volume 4, Issue 2



Photo by Wally Malinowski

RETREAT'S 2007 BOARD OF DIRECTORS

Dave Williams, Coni Mc Guinn, Muriel Barry, Bill Cole, Ken Gregory

About 225 residents attended our Annual Meeting at SeaWind Elementary School on February 14. Thanks to all of you who attended or sent your proxies and votes. Dave Williams and Bill Cole were re-elected, and Ken Gregory won the third seat open on the Board of Directors. An organizational meeting was held by the new Board immediately following the election. The Board voted to have **Bill Cole, President, Dave Williams, Vice-President, Muriel Barry, Treasurer, Coni Mc Guinn, Secretary and Ken Gregory, Director at Large.**

Concepts in Greenery is offering a special price to our Members for tree replacement. If you need trees replaced, please call the office for details. All transactions will be between Concepts and the individual homeowner. That is, all owners will be responsible for paying for their own trees, shrubs, etc.

Please be aware of STOP signs at both of our rotaries.



SOCIAL COMMITTEE

By Geri Morgan



Mary Paukstys, Bev Gregory, Geri Morgan

Our "Kick-Off Event" for the 2007 Season started off with a bang as more than 125 happy residents of The Retreat attended our "Backyard Barbecue" on January 13th. It was so good to see so many of our old friends and neighbors in addition to meeting many new ones as well as eating to our heart's content for a

mere \$5 per person.

A great big Thank You to our outstanding chefs -- **Bob Regan, Ken Gregory and Paul Larcom, and their Sous-Chefs Bill Krone and Ken Dara,** who grilled



those delicious hamburgers and hot dogs as quickly as we could eat them. What a great job they did!! Bill Krone is not pictured as he was probably getting more hamburgers.

It doesn't get much better than the fabulous time had by "**ALL ABOARD the City of Stuart Paddleboat**" adventure on February 10th. The weather was perfect, the food delicious and plentiful, and the music of "Lucky and the Loggerheads" far exceeded any of our expectations. If you weren't on the dance floor, you

were tapping your toes and swaying to the music so thoroughly enjoyed by all. To top off this spectacular evening we listened to "The Tennessee Waltz" as only our own **Dottie Sacco** can so beautifully sing it.

We boarded at 6:30 pm and disembarkment was delayed because Lucky and his band continued playing way past the expected 10 pm close. Lucky announced, "The Retreat people were the happiest, dancingest group on the Paddle Boat ever!" Just one more testament to the fact that we are so fortunate to live in



such a wonderful community where we are surrounded by so many happy people.

Our first **Movie Night** will be a comedy, "**The Boynton Beach Club.**" The date is Monday, February 26, at 7 pm at the Retreat Clubhouse. All Retreat residents are invited to attend. Bring your beverage of choice. Popcorn will be provided. We are asking for a dollar donation. You can make this a dinner and movie night if you first go to Duffy's and help the Relay for Life Team. See the Relay for Life article in the next column for more information.

We are hosting a **St. Patrick's Day** celebration on Saturday, March 10th at 6 pm at the Clubhouse. Tickets will be sold Saturday, March 3rd from 9 to 11 am. The price of the tickets is \$12 per person, and it is limited to 60 people. An Irish meal is included. BYOB and set-ups. Hope to see you there!

On Saturday, April 14th in the Clubhouse we will be celebrating **Margaritaville.**

Details will be posted in the mail room.

Editor & Publisher	Co-Editor	Publishing Editor
Lill Malinowski 545.3732 lillm@adelphia.net	Dottie Williams 546.3866 daverep@adelphia.net	Hank Stasiewicz 545.7133 hsjs2349@hotmail.com

Information in this newsletter is believed to be reliable, but is not guaranteed for accuracy or completeness. Such information is provided solely for informational purposes, and should not be construed as definitive. Any information contained herein is not intended to be a substitute for independent investigation on any subject matter. The Retreat at Seabranh Homeowners Association as well as the editors and individual contributors to this newsletter expressly disclaim all liability in respect to actions taken or not taken based on the contents of this newsletter.

TO ADVERTISE IN *THE RETREAT NEWSLETTER*, CONTACT CONI MC GUINN AT 545.3465.

RELAY FOR LIFE

by Lill Malinowski

The Retreat Remembers... Relay for Life team is in full swing. **Duffy's Sports Grill of Stuart South** (one half mile South of Cove Road on US 1) is donating 10% of your bill to the American Cancer Society if you bring in the yellow flyer which is located in the mail room. The last date of this offer is Monday, February 26th. Please support us in this effort—all you have to do is eat!

On St. Patrick's Day, we are having a **Books, Baubles, and Bake Sale** at the Clubhouse. If you have used books to donate, contact Helen Larcom 545.0737 to have your books picked up. Or you can leave your books at the front porch of Ruth Dudziak, 8764 SE Retreat Drive. If you have jewelry (new or used) to donate, contact Joy Currier at 546.7017 for pick up. We will also be taking orders for Retreat logo shirts, caps, and visors. Cancer "awareness" sterling silver pendants will be sold for \$15.00. Please join us from 9 am till noon.

This year's **Relay for Life** will again be held at the R. V. Reed Park on Hercules in Hobe Sound. The relay starts at 6 pm on Friday, April 27, till noon on Saturday, April 28.

If you are a cancer survivor, please register on-line or contact me for a form to fill out. To register online, go to:

www.acevents.org/relay/fl/southmartin

On the left hand side under INFORMATION, click on SURVIVORS and then click on 2007 Survivor Registration Form. Survivors and their families are invited to the Community House in Hobe Sound for dinner at 5 pm prior to the event. The Survivor Lap is at 6 pm. Check the bulletin board in the mail room for updated information. We need residents to walk the lap throughout the event.

We thank you for all your continuous support.

THANK YOU!!!

Our Retreat residents donated \$1400.00 to the Christmas Fund for our landscape workers. Each red shirt worker received a Publix gift certificate for \$116.00.

Retreat people are great! Some 56 people participated with a donation. Thank you!



WHAT ARE YOUR FAVORITE EARLY BIRD RESTAURANTS?

Joanne Cichon writes: I like **Chris d' Anna's** in Hobe Sound for the food, ambiance, and good value.

I also like **Tabica Grill**, on Indiantown Road in Jupiter for the good food, good ambiance, and great value. On Sunday, Tuesday, and Thursday they offer up to three free cocktails with the meal. During the month of your birthday, the meal is complimentary.

Otto Vernacchio writes: **Outback Restaurant** for me!

Marlene Boobar writes: A favorite of ours is **Shrimpers** on Route A1A in Port Salerno. Every day from 4 pm to 6:30 pm, the restaurant offers an **\$9.95** shrimp dinner. There are many choices of how you might like your shrimp cooked. The price includes a chowder or salad, dinner with vegetable, and a beverage.

We enjoy not only the dinner...we enjoy seeing the boats pull up along the dock. This is appropriately called the **Sunset Special**. It is special to enjoy the sunset in this spectacular setting.

Fran and Rusty Carpenter Write: BAR-B-Q? You got it! **CW's Barbecue Restaurant** on Route One in Hobe Sound is the best.....lots of atmosphere (old Florida grunge). Chris, the Beast Master, serves the best smoked ribs and rack of lamb on this earth, not to mention his fish specials and chopped beef & pork. Everyday is a different bread pudding: fruit, coconut, chocolate, depends on his mood. It is on a huge tray on the counter so you can view it. His homemade cornbread is special, too. It is far from the Ritz, but the barbecue isn't. Eat in - take out, or have him cater your affair. Can't be beat. Nightly specials as well. We particularly like Wednesday night's special chicken (smoked of course) pot pie - sometimes seafood pot pie made with cornbread.

Geri Ciocia writes: A new restaurant is in the making. "**North End Ristorante**" is located at The Cove Center. Dominick's Pizza is no longer there. The new owners are gutting out the place, and I mean really gutting it out. Enter into this new restaurant—the cooks, waitresses, pizza men, and menu will have the same ambiance you have enjoyed. Check your local newspapers for all their great specials. Look for the Grand Opening. Phone number: 286-9500.

Wally and Lill Malinowski write: We like the sunset specials **The Prawnbroker Grill**. The specials are \$8.95

to \$9.95 and include homemade bread, your choice of starch, coleslaw, and a fountain beverage or tea. Sunset dinners are served from 4 pm to 5:30 pm. The meals are great and the service staff is very informed and cordial. And the price is right!

USEFUL COMPUTER LINKS

By "Cybrary Man" aka Jerry Blumengarten

When you dine out, you might want to take advantage of the following websites that will help you save money:

South Florida Dines

South Florida's Premier Online Dining Guide! You'll find menus, pictures, video, driving directions, customer reviews, AND Dining Gift Certificates at unbelievable discounts! Order your Gift Certificates online with Visa or MasterCard. We urge you to expand your culinary horizons and try some places that you've never been before! And as always, "Eat Your Heart Out, South Florida!"

Restaurant.com -- Eat. Drink. Save Money.

Restaurant.com serves as the community matchmaker, introducing great restaurants to great people. From appetizers to dessert, from wine to dinner, Restaurant.com helps restaurant owners promote the new and unique aspects of their restaurants while providing diners with great value in a fun, new and cost effective way. Your favorite restaurant is in your neighborhood.

<http://restaurant.com/>

<http://www.southfloridadines.com/>

Duffy's Sports Grill

Of course, don't forget to take advantage of Duffy's Sports Grill early bird specials and make sure you have your MVP card.

<http://www.duffysrestaurants.com/index.html>

March Holidays and Celebrations

<http://www.suelebeau.com/march.htm>

April Holidays and Celebrations

<http://www.suelebeau.com/april.htm>

THE SEABRANCH ART LEAGUE



By Chuck Eschenburg

A wide variety of creative artwork is celebrated for the communities along Seabranh Boulevard. Showings of residents' creations have been or will be exhibited at:

- * The Retreat clubhouse in November, 2006
- * The Hobe Sound Library on February 10
- * The Gallery of Goods Galleries on South Dixie in Hobe Sound on March 3.

Monthly meetings are held the 4th Thursday of the month during the "season." Residents of The Retreat, Lost Lake, Arbors, The Preserve, and The Oaks are encouraged to share their talents in all sorts of artistic media and to join in the exhibitions of SEABRANCH talents to enhance the cultural richness of our area.

By Sheila Lieberman

The **Seabranh Art League** had their first show of 2007 at the Hobe Sound Public Library on Saturday, February 10. Eighteen members showed work in the disciplines of: oil, acrylic and watercolor painting, drawing, pen and ink, gyotaku, photography, fiber and painted glass.

It was a beautiful day and the show was well-attended. This was an excellent educational experience for the community as those who attended had the opportunity to speak with the artists and gain insight into their work.

The organization thanks the Martin County Library System for permitting us their space, Marsha Levine as chairperson, as well Ken Dara and Boshia Stone for their graphic and design work.

TUESDAY AFTERNOON BRIDGE WINNERS

By Bea Kozlowski

<p>January 2</p> <p>Nick Falcone 5,280 JoAnn Meeker 4,290 Peggy Johnson 4,020 Alan Shattuck 3,670 Inez Poppe 3,460</p> <p>January 9</p> <p>Ali Kuron 5,320 Maryon Gonzalez 4,980 Lena Rublowsky 4,910 Alan Shattuck 4,750 Peggy Johnson 3,560</p> <p>January 16</p> <p>Nick Falcone 4,640 Mimi Brown 3,970 Hilary Kozlowski 3,330 Stan Rublowsky 2,990 Sally Troiani 2,950</p>	<p>January 23</p> <p>Sally Troiani 5,350 Kay Bowen-Smith 5,250 Anne Falcone 4,820 Lena Rublowsky 4,030 Patsy Shattuck 3,990</p> <p>January 30</p> <p>Lena Rublowsky 5,470 Lee Coscia 5,430 Louise Bendonis 4,820 Alan Shattuck 3,950 John Bendonis 3,820</p> <p>February 6</p> <p>Joyce Hill 4,370 Kay Bowen-Smith 3,910 Lena Rublowsky 3,810 Alan Shattuck 3,280 Inez Poppe 3,210</p>
---	---

If there is anyone that would like to join the Tuesday or Thursday bridge groups, please call **Patsy Shattuck** (Tuesday Bridge Coordinator) 546.2011 or **Lena Rublowsky** (Thursday Bridge Coordinator) 546.1316. We play 1 pm to 4 pm and have a lot of fun.



COMMUNICATIONS COMMITTEE

By Lill Malinowski

The **Communications Committee** is responsible for communicating with Retreat residents. There are several ways in which this is accomplished:

- **Bulletin Board**—This bulletin board is the one in which residents are allowed to post messages and ads for one month. Retreat residents that have businesses are allowed to place their business cards on this board.
- **Retreat WEB site**—This contains important information for all Retreat residents. Minutes from BOD meetings, newsletters, Retreat map, forms, and much more.
- **The Retreat Newsletter**—This publication comes out every other month (excluding July/August).
- **Retreat Directory**—The Directory is updated annually. The 2007 Directory should be out the first part of April.
- **Retreat Channel 63**—Comcast is in the process of installing a TV channel for the Retreat. There is no scheduled time when this will be completed.

There have been several changes in the Communications Committee recently. **Coni Mc Guinn** has “retired” as being the chairperson of this Committee. Coni was co-chair with Becky Freedman in 2004 and became chair of the Committee in 2005. She has been a pleasure to work with, and we will miss her level-headed expertise and guidance.

Our new Communications Committee chair is **Joanne Estes**. Joanne has agreed to take on this responsibility. We welcome Joanne and look forward to working with her.

My co-editor, dear friend, and neighbor, **Bea Kozlowski**, has “retired” from being a co-editor. If it were not for Bea, the Newsletter would not have been started by us. We both agreed that we would give it our best try TOGETHER. So the rest is history. Thank you, Bea, for all your contributions!

Dottie Williams has agreed to be the liaison for receiving input for the newsletter from the various committees, Women's Club, and Art League. We are asking for one person from each of these groups to be the contact person to work with Dottie. (Note: These contact people would also be the folks sending updates for the Retreat Channel 63.) Dottie is a delight to work with, and I am grateful that Dottie will be assisting as Co-Editor.

My good friend, **Hank Stasiewicz**, has been helping me all along with the Microsoft Publisher. Hank has agreed to be our Publishing Editor. Thank you, Hank!

If you have any ideas for **The Retreat Newsletter**, please let us know. In this edition, the Tuesday Bridge scores are posted. If you would like to post your event scores or updates, send us your input. We also need someone into NATURE that would be willing to have a column in the newsletter. How about a movie and/or play review?

RECIPE CORNER

FILET MIGNON WITH GORGONZOLA SAUCE

Received from Hank Stasiewicz

The sauce for the steaks is an earthy and spicy combination of shiitake mushrooms, Gorgonzola cheese, and chipotle chilies.



INGREDIENTS:

- 2 tablespoons olive oil
- 1/2 pound fresh shiitake mushrooms, stemmed, sliced
- 4 garlic cloves, minced
- 1 1/2 cups whipping cream
- 1 cup crumbled Gorgonzola cheese (about 4 ounces)
- 2 teaspoons **minced** canned chipotle chilies* (from canned chipotles in adobo)

8 (6-ounce) filet mignon steaks, rib-eye steaks also work very well.

**Dried, smoked jalapeños canned in a spicy tomato sauce called adobo; sold at some supermarkets and at specialty foods stores and Latin markets.*

PREPARATION:

Heat two tablespoons olive oil in a heavy large skillet over medium heat. Add shiitake mushrooms and sauté until soft, about four minutes. Add garlic and stir one minute. Add whipping cream and bring to boil. Reduce heat to medium and simmer sauce until thickened, about four minutes. Stir in Gorgonzola cheese and chipotles. Season sauce to taste with Kosher salt and pepper. Sauce can be made two hours ahead. Let stand at room temperature.

Sprinkle steaks with Kosher salt and freshly ground black pepper to taste. Cook steaks on grill until brown on both sides and cooked to desired doneness, about five minutes per side for medium-rare. Re-warm sauce. Transfer one steak to each of eight warmed plates. Pour sauce over steaks and serve. Remaining sauce, if any, makes a tasty sandwich spread.

WOMEN'S CLUB OF THE RETREAT

By Barbara Farley

The first Women's Club Meeting of 2007 was well attended. There are many activities already under way. So far, twenty gals participated in a **beaded jewelry making class**. The group was enthused and asked if an earring making session could be scheduled and that is in the works.

The **Events Committee** took us to a free educational event at the Blake Library, discussing new research and breakthroughs for cancer, arthritis and pain management. The speaker was from the Harbor Branch Oceanographic Institution. Very informative!

Our last monthly meeting included a speaker from the **Treasure Coast Wildlife Center**. He brought live critters (in cages) that are native to this area.

On Friday, February 23rd, a **Ladies Salad Luncheon** will take place in the Clubhouse with a "Mardi Gras" theme.

In March, we have **silk flower arranging classes** planned. Our committees are off to a great start and have been busily meeting to get all of the activities rolling. All Retreat Women are welcome to join the fun.

WOMEN'S CLUB EVENTS COMMITTEE

By Marlene Boobar

The first event for 2007 brought women together to take part in a Chautauqua series lecture at the Blake Library. Ten women enjoyed each others' company and an evening out. Each winter the Martin County Library System provides a series of programs which are outstanding!

Upcoming events proposed by the Events Committee will include:

- A **Ladies Salad Luncheon** with a Mardi Gras Theme, along with a **White Elephant Table/Silent Auction** at the Clubhouse on Friday, February 23rd. The Luncheon Committee will co-sponsor this function.
- Plans are in the making to offer a bus trip in March enjoying a day of **gambling at the Hard Rock Casino**.
- On April 4th, we will offer a trip to the **Flagler Museum** for a private tour which will include lunch and high tea.

- A **Historic Walking Tour along Worth Avenue** in Palm Beach is planned for the 2nd Wednesday of May.
- Trips to the flea market, a Christmas concert and seeing the lights at Mt. Dora are in the planning stages for later in the year.
- Last but not least, we are planning a 2nd Annual **Taste of the Retreat** community "dinner" at the Clubhouse on Sunday, November 18th. This is the Sunday *before* Thanksgiving. All of the Retreat Community will be invited and most welcome. The bake sale outside will offer great holiday treats. Please save the date for this community builder.

Notices will be posted on the Women's Bulletin Board in the mailroom to serve as reminders.

Check the board--and don't miss out!

LIVING IN 2007

Received from Becky Brown

1. You accidentally enter your password on the microwave.
2. You haven't played solitaire with real cards in years.
3. You have a list of 15 phone numbers to reach your family of 3.
4. You e-mail the person who works at the desk next to you.
5. Your reason for not staying in touch with friends and family is that they don't have e-mail addresses.
6. You pull up in your own driveway and use your cell phone to see if anyone is home to help you carry in the groceries.
7. Every commercial on television has a web site at the bottom of the screen.
8. Leaving the house without your cell phone, which you didn't have the first 20 or 30 (or 60) years of your life, is now a cause for panic and you turn around to go and get it.
10. You get up in the morning and go on-line before getting your coffee.
11. You start tilting your head sideways to smile. :)
12. You're reading this and nodding and laughing.
13. Even worse, you know exactly to whom you are going to forward this message.
14. You are too busy to notice there was no #9 on this list.
15. You actually scrolled back up to check that there wasn't a #9 on this list

**RETREAT
BOARD
OF
DIRECTORS**

President	Bill Cole	546.5353	wcole2b@yahoo.com
Vice-President	Dave Williams	546.3866	davrep@adelphia.net
Secretary	Coni Mc Guinn	545.3465	conimcguinn@aol.com
Treasurer	Muriel Barry	545.1919	N/A
Director at Large	Ken Gregory	545.0648	bkgregory@bellsouth.net

**RETREAT
PROPERTY
MANAGER**

Office Hours: Wednesday 9 am to Noon	Frank Lennane	Clubhouse Fax: 546.1699 Capital Realty for Work Orders, General Questions, Emergencies: 1.800.940.1088	retreathoa@adelphia.net
---	------------------	---	-------------------------

**RETREAT
ADMINISTRATIVE
ASSISTANT**

Office Hours: Monday Tuesday Thursday Friday 9 am to 12:30 pm	Alexis Brams
---	-----------------



**SPRING
AHEAD ON
MARCH
11th!!!**

**R C
E O
T M
R M
E I
A T
T T
E
E
S**

Architectural Control	Stephen Stone	546.9090	stephenstone@bellsouth.net
Clubhouse & Recreation	Alan Shattuck Patsy Shattuck	545.2011	hsbigal@worldnet.att.net
Communications	Joanne Estes	419.8704	j.c.estes@adelphia.net
Covenant	Nick Sacco	546.0654	nicktherealtor1@yahoo.com
Drainage & Lakes	John Bendonis	546.8558	joloben@msn.com
Garden	Monica Wright	546.5920	monicagw15@aol.com
Government Liaison	Mary Jane Battaglia	546.2693	mjbboots@aol.com
Memorial Benches	Muriel Barry	545.1919	N/A
Social	Mary Paukstys	546.8054	mpauk@adelphia.net
	Geri Morgan	546.2443	mgermorg@aol.com
	Bev Gregory	545.0648	bkgregory@bellsouth.net
Welcome	Muriel Barry	545.1919	N/A



Pet feces are not only smelly and unattractive, they contain many types of bacteria that can negatively affect our natural ecosystems. This same bacteria can be hazardous to humans if waste reaches a groundwater supply as a result of activities as simple as a rain event or watering your lawn. Picking up after your pet is both a courtesy to your neighbors and to the environment. Remember, everything you do affects our lake systems; and making right choices can make the difference in having a healthy community. In addition, it is the **LAW** to pick up after your pets.

Thank you to all the Retreat residents that pick up after their pets.



Call George

George E. Rebholz
Broker Associate
Retreat Resident Specialist

(772) 546-5295 BUS., (772) 546-0499 RES.
(561) 271-0875 CELL, (772) 546-0799 FAX
www.retreatgeorge.com



Residential Real Estate Inc.
11960 US Highway 1, Hobe Sound, FL



Premier Rollout Awnings of the Treasure Coast, L.L.C.

Florida License # CA4393

(772) 546-3992

Manufacturer

Hobe Sound, Florida

Fax: (772) 546-3992
rolloutawning@adelphia.net
www.BuzzmanAwnings.com

DAVE GREAVES
TOM HARTNETT



BONNIE BECKER
Sales Associate

300 W. Indiantown Rd.
Jupiter, FL 33458
Office: 561.746.0008
Cell: 561.262.2761
Fax: 561.747.5086
E-mail: bbecker@ipre.com

Illustrated
Properties
Real Estate, Inc.



Your neighbors
in
The Retreat



Let us make your
real estate needs
our goal!

Dottie & Nick Sacco

Realtors

Cell (772) 293-9876
(561) 758-8889
Fax (772) 546-0670
Office (561) 746-0008

Illustrated
Properties
Real Estate, Inc.
300 W. Indiantown Rd.
Jupiter, FL 33458

WAGS AND WALKS PET SITTING SERVICE

Mary Paukstys

Hobe Sound, Florida
(772) 341-1027



T
H
A
N
K

Y
O
U

T
O

O
U
R

A
D
V
E
R
T
I
S
E
R
S

DESIGN BLIND & DRAPERY

ON-SITE

CLEANING SERVICE

Guaranteed No Damage or Shrinkage

CONNIE GENTRY
ON-SITE Certified Technician

Phone: 772-692-1106

ROOF REPAIRS ONLY



"Roof Repair ONLY!"

Regarded as the **BEST** in the business to repair and maintain your roof.

Employee Owned & Operated

Now serving St. Lucie & St. Lucie County Martin County
Martin Counties 772-464-9292 772-781-7663

Owners-Jim Parks & David Martz

LIC #CCC1325842 #RC0067400 5920 OLD DIXIE HWY

OTTO J. VERNACCHIO
TAX CONSULTANT
TAX RETURNS PREPARED
ACCOUNT EXECUTIVE
ROYAL ALLIANCE ASSOCIATES, INC.
MEMBER NASD AND SIPC
3391 SE DIAMOND HILL TERRACE
HOBE SOUND, FL 33455
772-546-4236 FAX 772-546-5413

Rick Schultz

2257 Vista Parkway, Unit 27
West Palm Beach, FL 33411

DEN-AIR

AIR CONDITIONING, INC.

ENVIRONMENTAL & ENERGY MINDED PROFESSIONALS
(561) 533-0716 • Stuart (772) 463-2721
Toll Free (866) 4 DenAir

The space is reserved for **YOUR** ad.

For more information, contact

Coni Mc Guinn at 545.3465.