



# The Retreat Newsletter

March/April 2010

Volume 7, Issue 2



## STATES RETREAT RESIDENTS ARE FROM



### MY HOME STATE

By Chuck Eschenburg

C--THAT'S THE WAY TO BEGIN

O--THAT'S THE SECOND LETTER  
IN\_\_\_

No, not Connecticut, but the theme of this Newsletter brought back many memories.

L--THAT'S THE THIRD LETTER IN\_\_\_

This is a song that my Mom and Dad often sang as we drove back to Denver from my Grandmother's home in Boulder. Past "stinky corner" with the coal mine. Past blocks of slag from the abandoned Globe smelter and the fragrant stockyards. A great place to grow up before

*(Continued on page 5)*

### The Little State That Could...

By Coni McGuinn and  
Sandy Morrow

*New Jersey always gets a bad rap! Driving along the New Jersey Turnpike, all you see are smoke stacks, foul smelling refineries and factories; BUT leave the turnpike and head out to the country roads and you will find the "real" New Jersey.*

*In the western portion of the state, we have mountains, where there are several ski areas and 27 miles of hiking along the*

*(Continued on page 10)*



Rhode Island's flag has its symbol on it: HOPE

### RHODE ISLAND

By Kathleen and Stephen Kindstedt

My husband and I moved from the State of **Rhode Island**. He was born there but I was not. I was, however, raised there. We'd like to tell you a little about our little state which is in fact, the "littlest state" by area in our union. Even though it is the smallest state, it has the longest name. Its official name is: '**Rhode Island and Providence Plantations**.' The nickname is: '**The Ocean State**' because it has many beautiful pristine beaches and the water masses total 32% of its area. Its land area is only 1,545 square miles. {Those measurements are: 48 miles long and 37 miles wide!} It is ranked 50th in the US for area but 43rd in the US for population. The population in 2009 was estimated at: 1,053,209. The highest point is Jerimoth Hill

which is 812 feet so Rhode Island is basically at sea level even though it does have some hills here and there. It is one of the original 13 colonies and was admitted to the Union on May 29, 1790 (#13).

Things unique to Rhode Island: coffee syrup (Autocrat); Dell's Lemonade; clam cakes; johnny cakes; quahogs; weiners (aka: gaggers); "the wall" at Narragansett Bay; VJ Day; Bristol 4th of July Parade; 'lobsta' in the raw; the blue bug; and exits on I-95 that are no more than a few minutes from one another! It only takes us about 1 1/2 hours to go from Westerly (most southern town) to Woonsocket (most northern city) in Rhode Island and then we're in Massachusetts! Now, that's pretty unique!



Rhode Island's flower is the Violet



And, its bird is the Rhode Island Red

Rhode Island is considered one of the six New England states along with its border states of Connecticut and Massachusetts. Many people like to kid us about our "New England accents", guess we still carry Rhode Island with us even after 12 years!



Rhode Island's tree is the Red Maple

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## “LETTERS TO OUR STAFF” COLUMN

If there is an article in any of our Retreat newsletters that you feel is exceptional or that you really appreciate, please let us know. In future newsletters, we will include a “**Letters to Our Staff**” column so that we can print your kudos. Let’s recognize those special Retreat residents that contribute to our newsletter.

Our newsletter is different from a traditional newspaper as we stay away from negativism and focus on the positive. We want you to look forward to each new issue.

Thank you from your Newsletter Staff!

## THEME FOR OUR NEXT NEWSLETTER



Do you have relatives living in the Retreat? If so, let us know how you happened to live in the same community.



Retreat Newsletter Publishing Editor and Grandpa, **Hank Stasiewicz**, showing his twin grandchildren, **Kaden and Katelyn Sparapani**, how it is done.



## The Miracle Dog

By Kay Campbell

Four years ago this spring, we lost our dear 15-year old grandson, **Gordie**. Gordie loved the outdoors, especially the winter when he could take part in skiing and snowboarding. He also loved hanging out with his many friends. Needless to say our family was devastated with grief. We all miss him so much.

But this story is about **Zack**. Two years after Gordie's death, his older brother and friends, while returning from spring break, stopped at a state park in Kentucky. There they found a starving, scroungy dog. Not wanting to leave him and not knowing what else to do, they decided to bring him home. When they stopped at McDonalds for food, he ate through paper and all to get at that "Big Mac." Once they were back in Michigan, the big question arose: Who was going to give this stray a real home? The boys were ready to graduate from high school and would be leaving for college soon. Our daughter, Emily, and her husband, Coleman, (Gordie's parents) elected to bring this mixed, but mostly Beagle into their lives.

After attending to his physical needs, they had his fears to deal with. What happened in the woods that made him fearful of ceiling fans, hanging baskets, and anyone in their home's loft? But they soon bonded. Zack got Emily up early and out for a long walk, something her friends hadn't been able to do. When Coleman returned home from work Zack was excitedly waiting for another long walk. Zack didn't want to leave either of their sides when they were home, but became comfortable in his cage at night and when they were gone.

We all have enjoyed Zack and have had some good laughs about him and his quirky ways. They had only had him a short time when he ran away while his leash was attached to a lawn chair. Coleman trying to catch him wasn't far behind. Can you picture this? They searched until dark with no luck in finding him. When they discovered the lawn chair with his collar and leash still attached they realized no one would know where to call if he was found. But with a Beagle's good sense of smell and awareness to realize he had a good thing going at his new home, they were overjoyed when they heard his bark in the middle of the night.

He has brought some joy to their family, and they have given him comfort in return. If they had been looking for a dog they could have never found a better fit.

That's why I call him the Miracle Dog. Divine intervention brought them together!

## INTERESTING MICHIGAN FACTS

By Lill Malinowski

Wally and I were both born in **Michigan** and lived there till eight years ago when we moved to Hobe Sound. We still spend our summers there. We sold our home of 27 years and kept our cottage on the shores of Lake Huron—at the tip of Michigan's thumb.

Standing any place in Michigan, a person is within 85 miles of one of the Great Lakes—Huron, Ontario, Michigan, Erie, and Superior.

The Mackinac Bridge is the longest suspension bridge between anchorages in the Western Hemisphere. Going across the Mackinaw is an experience in itself. It connects Michigan's Upper and Lower Peninsulas. Michigan's Upper Peninsula is like another country. The Upper and Lower Tahquamenon Falls are breathtaking. The *Pictured Rocks National Lakeshore* is spectacular.

Windsor, Ontario, is actually **SOUTH** of the Detroit area. When you drive across the Ambassador Bridge or go through the Detroit—Windsor Tunnel, you are traveling south to go to Canada.

The best thing about living in Michigan is meeting the boy down the street—and spending 40+ years of married life with him!



# "BAWSTIN"

Submitted by Deb and Alan Benson

For those of you who have never been to "Bawstin", this is a good guideline. I hope you will consider coming to "Beantown" in the near future.

### Information on Boston and the surrounding area:

- There's no school on School Street, no court on Court Street, no dock on Dock Square, no water on Water Street.
- Back Bay streets are in alphabetical "oddah": Arlington, Berkeley, Clarendon, Dartmouth, etc.
- So are South Boston streets: A, B, C, D, etc.
- If the streets are named after trees (e.g. Walnut, Chestnut, Cedar), you're on Beacon Hill
- If they're named after poets, you're in Wellesley.
- Massachusetts Avenue is Mass Ave; Commonwealth Avenue is Comm Ave;
- South Boston is Southie.
- The South End is the South End.
- East Boston is Eastie.
- The North End is east of the former West End.
- The West End and Scollay Square are no more; a guy named Rappaport got rid of them one night.
- Roxbury is The Burry
- Jamaica Plain is J.P.

### How to say these Massachusetts city names correctly:

**\*\*Say it wrong, be shunned\*\***

Worcester : Wuhsta (or Wistah)	Samoset: Sam-oh-set or Sum-aw-set but nevah Summerset!
Gloucester : Glawsta	Tewksbury : Tooksberry
Leicester" Lesta	Leominster : Lemin-sta
Woburn: Wooban	Peabody: Pee-ba-dee
Dedham : Dead-um	Waltham : Walth-ham
Revere: Re-vee-ah	Chatham: Chaddum
Quincy: Quinzee	

### Definitions:

FRAPPES have ice cream, milkshakes don't.

If it is fizzy and flavored, it's TONIC.

Soda is CLUB SODA.

"Pop" is DAD.

When we want Tonic water we will ask for TONIC WATER.

The smallest beer is a PINT

SCROD is whatever they tell you it is, usually fish. If you paid more than \$7/pound, you got scrod.

It's not a water fountain; it's a BUBBLAH.

It's not a trashcan; it's a BARREL

It's not a spucky, a hero or grinder,.... it's a SUB.

It's not a shopping cart; it's a CARRIAGE.

It's not a purse; it's a POCKABOOK.

They're not franks; they're HAHT DAHGS; Franks are money in Switzerland.

Police don't drive patrol units or black and whites they drive a "CROOZA".

If you take the bus, you're on the "LOOZA CROOZA".

It's not a rubber band, it's an ELASTIC.

It's not a traffic circle, it's a ROTARY.

"GOING TO THE ISLANDS" means Martha's Vineyard & Nantucket.

The SOX = The Red Sox

The C's = The Celtics

The B's = The Bruins

The PAT'S =The Patriots

### Things not to do:

Don't pahk your cah in Hahvid Yahd .. they'll tow it to Medfa (Medford ) or Summahville (Somerville) .

Don't sleep on the Common. (Boston Common)

Don't wear Orange in Southie on St. Patrick's Day.

### Things you should know:

There are two State Houses, two City Halls, two courthouses, two Hancock buildings (one old, one new for each).

The colored lights on top the old Hancock tell the weatha':

"Solid blue, clear view...."

"Flashing blue, clouds due...."

"Solid red, rain ahead...."

"Flashing red, snow instead...." - except in summer; flashing red means the Red Sox game was rained out!

Most people live here all their life and still don't know what is going on with this one. Route 128 South is I -95 south. It's

also I-93 north.

The underground train is not a subway. It's the "T", and it doesn't run all night, this ain't Noo Yawk).

Order the "cold tea" in China Town after 2:00 am you'll get a kettle full of beer.

Bostonians...think that it's their God-given right to cut off someone in traffic.

Bostonians...think that there are only 25 letters in the alphabet (no R's) except in idea".

Bostonians...think that three straight days of 90+ temperatures is a heat wave.

Bostonians...refer to six inches of snow as a "dusting."

Bostonians...always "bang a left" as soon as the light turns green, and oncoming traffic always expects it

Bostonians....believe that using your turn signal is a sign of weakness.

Bostonians...think that 63-degree ocean water is warm.

Bostonians...think Rhode Island accents are annoying.

Send this to your friends who don't live in Boston (and the ones who do!!)

*(Continued from page 1) My Home State*

the huge influx of new residents produced the urban sprawl we also have in Florida. Great parks and nearby mountains where one could ride the ski train to Winter Park and stay in the bunkhouse for fifty cents. In the summer, meadows of columbines and clear streams for fly fishing beckoned, as well as concerts in the Red Rocks amphitheater.

#### **O--THAT'S THE MIDDLE OF THE WORD\_\_\_**

My Anthropology professor at the University of Colorado believed the environment influenced personality, so we were in a schizophrenic place where the flat plains met the up thrust of the Rockies. A good excuse for strange behavior of citizens. A very proud bunch who resisted the summer influx of Texans.

#### **RA--THAT'S NEAR THE END--"**

Here are some suggestions for visiting some of the lesser known sites, should you plan to visit. Lake City at the foot of Slumgullion pass is still like the state is in my memory. Visit the Great Sand dunes and the nearby spiritual vortex above the San Luis Valley. Grand Mesa, Black Canyon and the sunsets at Mesa Verde are all quite memorable.

**DO--THAT IS THE END-- THAT'S THE WAY TO SPELL COLORADO!**

# Meet and Greet



Sunday, March 7, 2010

4-6 PM

Retreat Clubhouse

Open to all Residents

Be a part of a new social group  
forming in our community.

Why be alone when you can join

others for a

Happy Hour

BYO Wine & Cheese

Form new friendships and  
renew old ones.

Plan for future weekend  
activities.

Sign-up sheet in mailroom.

Contact Muriel Barry 545-1919

Sponsored by RAN

*Neighbors Helping Neighbors*



*The next meetings of the digital camera club*

**Monday,  
March 1st and April 5th  
7:00 p.m. in the  
Clubhouse**

Interested in taking better pictures,  
learning more about your digital  
camera,  
going on field trips to take pictures?!

***If so, join us!***

*All residents welcome!*

Bring your digital camera and its  
manual

email: [retreatdcc@gmail.com](mailto:retreatdcc@gmail.com)



## **AUCTION**

**Sunday, March 21**

**2:00 PM**

*the Retreat*  
**Clubhouse**

**Live Auction with TV  
Celebrity Tim Luke**

**Chinese Auction**

**Entertainment**

**Refreshments**

***All Are Welcome!***

**All proceeds benefit the  
American Cancer Society**

# Relay For Life Fundraiser Brunch

By Jan Kasuboske



On January 17 Dave and Dottie Williams hosted a brunch for sixty people, and all the proceeds were donated to The Retreat's Relay For Life Team's fundraising efforts. Tickets

were sold at the clubhouse for \$15 each on the day of the Holiday Home Tour (another Relay fundraiser), and all sixty tickets were sold in less than an hour. Tickets, along with the sale of recipe packets for the menu items, netted \$1,120.00.

Dottie and Dave, along with other members of the Relay committee worked hard on the planning. Several recipes were tried before a few were selected to be served. Three different delicious egg casseroles were baked and donated by people in the community. These included Italian Bites, Brie and Veggie Breakfast Strata, and Spinach Mushroom Quiche. All were cut



into small pieces so guests could sample some of each. A lot of food was available, so people were encouraged to go back for seconds. Besides a fresh fruit salad, very popular items

included zucchini and banana breads, bagels, dried cranberry and white chocolate biscotti, and warm applesauce cake. A carving station served ham with a wonderful sauce available. No one went away hungry, and great community spirit permeated the William's spacious lanai (a great party place because it has a roof covering it, built-in cabinets, and a beautiful view of the pond and preserve behind them).

Dave's special recipe for "Bloody Marys" along with Mimosas, and plain orange juice were included. Of course, helpers circulated all the time with refills of the drinks, along with coffee and



tea. Beautiful flower arrangements adorned each table.

A great time was had by all, and many worked hard to make this well-organized event a very successful endeavor for the Retreat's Relay For Life Team. Thanks to everyone who donated food, time, and ideas.



The Relay will be held April 30 (starting at 6pm) thru May 1 (ending at noon) at South Fork High School. All Retreat residents are encouraged to join in this very worthwhile fundraiser for the American Cancer Society.

*Pictures 3 and 6 by Marlene Boobar. Remaining pictures by Dave and Dottie Williams.*





Photo by Dave Williams



## SO YOU THINK IT'S A GECKO

By Dottie Williams

Thanks to a large insurance company's advertising campaign, the term "gecko" has become a household word and every lizard that crosses your path is labeled a gecko. Well, I'd like to let you know that it is not a gecko. In fact, you are lucky if you have ever have seen a gecko. It is a reclusive and nocturnal animal.

At the suggestion of a community member, I'd like to give you some information about the common lizard you do see running on your lanai and sidewalk. It is an **Anole**.

There are seven different types of anoles found in the United States but only one, the Green Anole, is native to our country. The others have been introduced from the West Indies, arriving on imported shrubs and plants. The most common anole that we see is the **Cuban Brown Anole**. It is a prolific breeder and the female lays her eggs on low leafy plants. As a result, the housing boom with its new landscaping is the main reason for the appearance of this anole just about everywhere in south Florida.

A Brown Anole can be light shades of brown to dark black but is never green. It is a voracious eater with a diet of mainly insects. Primarily active during the day, you may see an occasional one hunting for food around lights after dark. Both the male and female have red throat fans (dewlaps) but the male displays his more frequently. He uses it to attract females and defend his territory.

The native Green Anole is not seen as frequently and

some scientists feel that it is being displaced by the Brown Anole. This anole looks more like the "famous" gecko and is found more in the wild than in developed areas.

You might have noticed that the number of anoles has decreased in the last month. This animal, as all lizards, is cold-blooded and the cold temperatures we had in the beginning of January were instrumental in its decline. The cold temperatures slow the animal down making it vulnerable to predators or just cause it to freeze to death.

Next time you see one of these lizards scurrying along your lanai, remember it's an **ANOLE**, not a gecko.

## DINNER ARRANGEMENTS

### Received from Several Retreat Residents

A group of 40 years old buddies discussed where they should meet for dinner.

Finally it was agreed upon that they should meet at the Ocean View restaurant because the waitresses there had low cut blouses and were very young.

Ten years later at 50 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View restaurant because the food there was very good and the wine selection was good also.

Ten years later at 60 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View restaurant because they could eat there in peace and quiet and the restaurant had a beautiful view of the ocean.

Ten years later, at 70 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View restaurant because the restaurant was wheel chair accessible and they even had an elevator.

Ten years later, at 80 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View restaurant because they had never been there before.

## Another Old Age Joke

Did you hear about the 83-year-old woman who talked herself out of a speeding ticket by telling the young officer that she had to get there before she forgot where she was going?

Makes perfectly good sense to me.....



## NEWS FROM OUR BOARD OF DIRECTORS

By Bill Cole

1. This has been a difficult winter season for our plant material. **One Source** advises DO NOT cut back plants or fertilize. Let them try to heal themselves from the unprecedented cold, grey, wet conditions we are experiencing. It may take months but we hope they will recover.
2. Annual Meeting on February 8th was well attended. Susan and Coni were re-elected. All officers will remain the same. Thank you for your proxy votes and your turnout to allow us a quorum.
3. The entire property will be mulched the first week of January, 2011.
4. DiVosta drainage work is scheduled to start soon.
5. Please let us hear from you with your thoughts, questions and ideas. Thank you.



Commissioner Sarah Heard was our guest speaker at our annual meeting  
Photo by Carol Stone

### Retreat 2010 Board of Directors

Dave Williams,  
Director at  
Large,  
Bill Cole,  
President,  
Pat Pezzicola,  
Vice-President,  
Susan Hemmer,  
Treasurer,  
Coni Mc Guinn,  
Secretary



## PLEASE DO NOT FEED ALLIGATORS!!!

<http://www.ecofloridamag.com>

Wildlife biologists say most alligator attacks on people are done by alligators that have been fed by people. Alligators and other wildlife that are fed by people learn to associate people with food. Voila -- people mean food. And nobody wants a neighborhood alligator that thinks people = food.

Feeding or harassing alligators is also against Florida state law, punishable by up to \$500 and/or 60 days in jail.

Report any person feeding alligators to the Florida Fish and Wildlife Conservation Commission (FWC). Call toll-free 888.404.3922. The FWC says you can remain anonymous and may be eligible for a reward.



## SOCIAL COMMITTEE By Gail Pezzicola

Save the date for our annual Holiday Party Saturday December 4, 2010 at Lost Lake Country Club.



## COMMUNICATIONS COMMITTEE

### Submitting Photographs to Our WEB Site:

[www.retreatatseabranh.com](http://www.retreatatseabranh.com)

If you wish to submit photographs to be to be included on our Retreat WEB site, please follow these submission guidelines:

- All submissions for the WEB site go to our WEB Master, Gene Gillis. Gene's e-mail address is: [gene111@genegillis.com](mailto:gene111@genegillis.com).
- Include the organization, person requesting, phone, start date and end date. Include attachments for any photos being submitted.
- WEB Master adds content to the web page.
- Submissions for WEB site should have a minimum one week lead time.
- Preferred photo format is ".jpg". However, most standard formats are acceptable.
- For the showcase pages residents can include "Created By:" only.
- No advertising of any kind will be permitted.
- Residents can submit a reasonable number of photos and they will remain for a length of time at the discretion of the WEB Master.
- It is important that no copyright material be submitted without written approval from the owner with a copy of that permission sent to the WEB Master before submission.
- The Communications Committee reserves the right to reject any material at their discretion.

To view the photographs submitted, go to our WEB site, click on **RESIDENT ACTIVITIES** and then click on the areas that you are interested in.

The Communications Committee thought it would be interesting to post the number of "visits" to our Retreat WEB site. "Visits" are the number of people who view a site. The January 2010 daily average number of visits is 37 with the monthly total of 1,152.

(Continued from page 1) *The Little State That Could...*

*Appalachian Trail. In the middle of the state, some of the most beautiful horse farms are found. Gladstone is home to the United States Equestrian Team. There is also a big agricultural presence in the state giving the state its nickname "The Garden State."*



*Along the coastline from Sandy Hook Recreational Area south to Cape May, home to the famous "gingerbread victorian ladies" are some of the most pristine beaches known as the Jersey Shore.*

*New Jersey is home to many institutions of higher learning, ie. Rutgers and Princeton Universities who are big football rivals. The first intercollegiate game was played on November 6, 1869 in New Brunswick. Rutgers won 6-4.*

*Thanks to Thomas Edison, we have plenty of light and everyone loves listening to Hoboken's favorite son, Frank Sinatra – only two of the many famous people who call New Jersey home.*

*We may be a small state, but we have it ALL, beautiful beaches, mountains, great schools, hospitals and numerous small towns with the "Main Street" feel.*

*Next time you are driving down the New Jersey Turnpike, think beautiful thoughts of our little state!*

## The Retreat Young Artists

By Marsha Levine

Here are some photos from the children's section of the annual Hobe Sound Festival of the Arts with the winning young artists of The Retreat:



Marsha Levine, artist and art teacher, with Ryan Hoefling



Anna Gorostiaga



Ryan Borosky



## BRIDGE SCORES

By Patsy Shattuck

We had a great year of bridge in 2009 and expect 2010 to be the same. I thank all of you for your loyalty. It makes my job fun! Call Patsy Shattuck at 546.2011 if you would like to join.

### December 1, 2009

- 1 – Alice Bernhardt
- 2 – Patsy Shattuck
- 3 – Alan Shattuck
- 4 – Laura Rothman
- 5 – Susan Harris

### December 8, 2009

- 1 – Joanne Cichon
- 2 – Allison Metcalf
- 3 – Kay Campbell
- 4 – Sally Troiani
- 5 – Peggy Johnson

### December 15, 2009

- 1 – Patsy Shattuck
- 2 – Kay Bowen-Smith
- 3 – Laura Rothman
- 4 – Allison Metcalf
- 5 – Peggy Johnson

### December 22, 2009

- 1 – Lena Rublowsky
- 2 – Stan Rublowsky
- 3 – Laura Rothman
- 4 – Marie Ferrandino
- 5 – Joanne Cichon

### December 29, 2009

- 1 – George Harris
- 2 – Laura Rothman

3 – Alice Bernhardt

4 – Carol Flynn

5 – Alan Shattuck

### January 5, 2010

- 1 – Joanne Cichon
- 2 – Kay Campbell
- 3 – Laura Rothman
- 4 – Kay Bowen-Smith
- 5 – Alan Shattuck

### January 12, 2010

- 1 – Kay Campbell
- 2 – Susan Harris
- 3 – Lena Rublowsky
- 4 – George Harris
- 5 – Muriel Barry

### January 19, 2010

- 1 – Patsy Shattuck
- 2 – Alan Shattuck
- 3 – Peggy Johnson
- 4 – George Harris
- 5 – Lena Rublowsky

### January 26, 2010

- 1 – Kay Bowen-Smith
- 2 – Patsy Shattuck
- 3 – Carol Flynn
- 4 – Alan Shattuck
- 5 – Laura Rothman



**MARCH 14**

**2 AM**

## WOMEN'S CLUB OF THE RETREAT

By Mona Wiley

### What's Happening at The Women's Club?

The decorations in the Clubhouse and at The Retreat entrance were beautiful and enjoyed by many during the holiday season. Thank you to all who participated in making the area so festive. Putting all of the decorations away with a party afterward, made the task fun and fattening.

We would like to invite all the women of The Retreat to join the club, which meets the 3<sup>rd</sup> Monday at 7:00pm. It's a great time to hear interesting speakers, make new friends, participate in fun events and make your community a better place to live. For those who will be renewing their membership, please bring your dues of \$25 to the monthly meeting.

The speaker for February was **Anita from Anita's Skin & Body Care** in Tequesta. Living in South Florida is a challenge on the body's largest organ – the epidermis. Some of us are trying to keep it moisturized, others are drying out. Still others are covering it up in the cold, or uncovering it in the warm sun and basking and soaking up vitamin D. Lots of good, healthy information was given.

**Nathaniel Reed**, the original developer of Jupiter Island and renowned environmentalist, will speak at the March 15<sup>th</sup> meeting. Mr. Reed is very interesting and knowledgeable about how this area started and has grown and changed over the last several decades. **The Women's Club is opening this evening to all those who live in The Retreat** – husbands and friends are welcome. Don't miss this special speaker!

What else to look forward to? Like to bowl? Put February 26<sup>th</sup> on your calendar. Like to play BINGO? April 9<sup>th</sup> is that date. Want to go for an airboat ride on Lake Okeechobee on March 12<sup>th</sup>? Hurry and sign up because the number is limited to 12 people. How about dinner and a play? On February 22<sup>nd</sup> fourteen of us are attending The Jupiter Maltz Theatre for a performance of *Late Night Catechism – Til Death Do Us Part*.

Also on the regular schedule are the lunch outings on the third Thursday of every month. A special salad luncheon will be held April 23<sup>rd</sup> in the Clubhouse – but there will updates on that event.

Leading this year's Women's Club: President, **Bettyann Dixson**; Vice-President, **Mona Wiley**; Treasurer, **Margaret Dara** and Secretary, **Linda Kosmala**. A lovely installation ceremony, with candle lighting was conducted by **Nancy Kisslinger**, retiring Vice-President.



Photo by Carol Stone

Installation of 2010 Women's Club of the Retreat Officers  
Nancy Kisslinger, retiring Vice-President, officiated the installation Bettyann Dixson, President, Margaret Dara, Secretary, Linda Kosmala, Secretary, Mona Wiley, Vice-President



Photo by Carol Stone



Women's Club members taking down the holiday decorations in the Clubhouse—and having fun doing it!



**RETREAT  
BOARD  
OF  
DIRECTORS**

President	Bill Cole	546.5353	wcole2b@yahoo.com
Vice-President	Pat Pezzicola	545.0706	pezzicolap@comcast.net
Secretary	Coni McGuinn	545.3465	conimcguinn@aol.com
Treasurer	Susan Hemmer	349.0030	syacht@comcast.net
Director at Large	Dave Williams	546.3866	davedottie@gmail.com

**RETREAT  
PROPERTY  
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<b>Office Hours:</b> Monday Wednesday Friday 8 am to 11 am 772.546.6112	<b>Ron Barrow</b>	<b>Clubhouse Fax:</b> 546.1699 <b>Capital Realty</b> for Work Orders, General Questions, Emergencies: 1.800.940.1088	retreathoa@comcast.net
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**RETREAT  
COMMITTEES**

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On the first Friday of the month

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Bring your beverage and an appetizer to share

All Welcome

Dates for 2010:

March 5th, April 2nd, May 7th and June 4th

**Dropped Cell Phone Calls**

By Nancy Lynch

I have been having a great deal of difficulty with my Verizon Wireless phone dropping phone calls while at home in the Retreat. I was wondering if others are having the same problem. After talking to Verizon, they are having someone come to check the area but said this was a poor reception area. They already had one other complaint so if more people complain about the service (which we pay a great deal for) they may do something about it. If you are having the problem call "611" from your cell phone and speak to Tech Service and report it. They also told me that when I have a dropped call to press "###" and "send," and they will get the information (when you do this you get a message that Verizon can not process your call as dialed and please try again - ignore this message as they have received the information).

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### Double Almond Biscotti

Received from Connie McCarty



Recipe developer **Pam Simmons** says the recipe was developed by her test kitchen in response to consumer requests—but it soon became a favorite in her own office.

- 1 (7 ounce) package almond paste
- 1 3/4 cups all-purpose flour
- 1/2 cup granulated sugar
- 1/2 cup (1 stick) cold butter, cut into small pieces
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 4 egg whites (large eggs)
- 1/2 teaspoon vanilla extract
- 1 cup slivered almonds

Preheat oven to 325 degrees F. Take 2 large cookie sheets and stack one inside the other (the double sheets help prevent biscotti from burning). Line top cookie sheet with parchment paper, or lightly grease.

Grate almond paste on large-hole side of grater.

Fit food processor with metal blade. Add grated almond paste, flour, sugar, butter, baking powder and salt. Pulse until mixture has texture of small crumbs.

In a large bowl beat egg whites with vanilla extract until just frothy.

Add food processor mixture, plus the slivered almonds to the beaten egg whites. Mix with a large spoon until dough holds together. Turn out on a lightly floured counter.

Roll dough into a 2-inch-thick log. Divide in two. Roll each piece into a log about 10 inches long. Flatten gently with hands until 1/2 to 3/4 inch thick. Using spatula, transfer dough to cookie sheet, spacing pieces at least 3 inches apart. Bake 35 minutes until golden and firm. Put doubled-up cookie sheets, with biscotti still on them, on wire rack to cool (about 1 hour).

When completely cool, slice 3/4-inch diagonal pieces. Return the pieces to cookie sheets, cut side down (you may need to do this in two batches). Bake for 25 minutes at 325 degrees F, or until slightly golden. Makes 22 biscotti.

### MAXINE ON GOVERNMENT HUMOR

Received from  
Becky Brown





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