



## The Retreat Newsletter

May/June 2014

Volume 11, Issue 3



# ENGAGEMENT / WEDDING SAGAS

## A Very Quick Scenario

By Patti and Dave Greaves

We met in June, 1968, dated, not dated, dated again and in 1969 decided that we really "liked" each other! February, 1971 I got a phone call from David who was still in college and graduating in June 1971. He told me that he got a job right after college but it was in Syracuse New York and that he would be moving out there. Back in "those days" not many lived together so he asked me if I wanted to get married! Of course I said yes! I hung up the phone, left my parents a



note and proceeded to plan the wedding. Only 120 guests but I found a hall and a church in about three hours from the call. We got married on a Friday night June 25, 1971 (so as not to spoil anyone's weekend) and left the next morning for 10 days in St. Thomas. When we got back we moved to Syracuse and the rest is history. New York, North Jersey, South Jersey, four houses in Massachusetts and finally in 1998 we quit our jobs (kids had graduated from college) and moved to Lost Lake. We have never looked back and are in our 12<sup>th</sup> year in the Retreat. two kids, two grandchildren, boating, golfing and socializing with our new friends. What's not to like? Life is good! I guess it worked because we will be married 43 years this June.



## The Proposal

By Lill Malinowski

Wally is the boy down the street. Our families both moved to this location in the northwestern part of Detroit the same summer—Wally was ten, and I was five. Due to the age difference, we did not even talk to each other till the summer before my sophomore year in college. It was late in the evening, and I was sitting on our aluminum glider just enjoying the stars and the summer night. Wally was coming back from a date and decided to stop and chat with me. Well, that was the beginning of our dating.

Over two years later on Christmas Eve, Wally joined our family for dinner and the opening of the gifts. He said

*(Continued on page 2)*

## PROUD GRANDPARENTS

By Wally and Lill Malinowski



This is our three-week old granddaughter, Avery Ann, with her four-year old big brother, Landon. Life is good!

(Continued from page 1) **The Proposal**

that he wanted me to open my gift from him first. There was this huge box under the tree which was my gift. I had absolutely no idea what was in it. It had more duct tape on it as well as other tape so it took awhile to open. There were many things in this box including a couple of bricks. I finally got to the bottom—there was this small white, box.

Before I finish the rest of the story, let me fill you in on some history. I worked for a jeweler while attending college so I recognized this small, white box. The jeweler, Mr. Dolata, and his wife became like my second set of parents. When Wally approached Mr. Dolata in the store before the holidays, Mr. Dolata filled Wally in on something. I modeled many engagement rings while working there—my ring finger was the stock size. I always told the jeweler and his wife that I would not be happy with anything less than a carat diamond. So Mr. Dolata broke the news to Wally. Needless to say, Wally could not afford a carat diamond but somehow my second set of parents made Wally a deal he could not refuse. I never did get all the details but the bottom line was—Wally was able to purchase my dream engagement ring at the right price.

Going back to Christmas Eve, I opened the little box and was shocked to see my carat diamond in my favorite, very simple, setting. Everyone was very happy—except for my Mom. She thought that I knew about the proposal and didn't tell her. It took me forever to convince her that I was just as surprised as everyone else—except for my Dad. He had a grin on his face and did not say much. It was decades later that I found out that Wally had asked my Dad for my hand in marriage. Hence, Dad knew and no one else did.

We had a long engagement simply because we did not have the money for a wedding. I graduated from college and was fortunate to get a vey good job with General Motors. Wally already had a great job with Ford. We finally tied the knot on October 11, 1969. Everyone eventually knew that I was only kidding about wanting a carat diamond engagement ring—but almost 45 years later, I am still wearing it!



**SAND HILL CRANE FAMILY**

**MEMORIAL DAY—May 26, 2014**

And I'm proud to be an American,  
 where at least I know I'm free.  
 And I won't forget those who died,  
 who gave that right to me.  
 ~Lee Greenwood



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**TO ADVERTISE IN THE RETREAT NEWSLETTER,  
 CONTACT CONI MC GUINN AT 545.3465.**

**FIRST FRIDAYS**

**Come see your friends and meet new neighbors**

**Bring an appetizer to share and your favorite beverage**

**JUNE 6**

**Retreat Clubhouse 5PM to 7PM**



# RELAY FOR LIFE OF HOBE SOUND

By Lill Malinowski, Team Captain of the Greatest Team!

Our Relay For Life Team, *The Retreat Remembers...*, participated in our 10th Relay For Life this year. The event started with Opening Ceremonies at 6pm on Saturday, April 5th. This was followed by the Survivor/Caregiver lap. Our campsite was decorated with APRONS—yes, APRONS! Joe Rosetta donated vintage aprons which his mother and sisters collected over the years. We sold more than 35 aprons for a donation at our Clubhouse as well as at the Relay. Our cancer message was “**OVARIAN CANCER AWARENESS.**”

This year we raised over **\$6,000** in our fight against cancer. Our 10-year total exceeds **\$96,000!!!** Our fundraisers this year included the Holiday Home Tour, sale of Enjoyment Books, Duffy Days (each Tuesday in March), Running For Bob, the sale of aprons, and many donations from our Retreat residents.

We are already getting ready for our next Relay’s fundraisers. Please contact me if you are interested in joining our team. We always welcome new members. Thank you to our new team members: Marilyn and Jim Patterson, Pam and Stu Levy, and Colleen Schultz. Thank you to our outstanding team and each and everyone for your continuous support.

## CELEBRATE...REMEMBER...FIGHT BACK!



Joe Rosetta, Jim Patterson, Bettyann Dixson



Bob Boobar, Stu and Pam Levy, Colleen Schultz



Wally and Lill Malinowski, Marilyn Patterson

Display of our cancer message with information on ovarian cancer and photos of Retreat residents that have lost their battle

Missing from the picture is our team member, Marlene Boobar who took the photos



In memory of Ed Currier, Fran Molter, Patte Kessler, Brenda Rosetta and many more that we remembered at the Relay

## **NEWS FROM OUR BOARD OF DIRECTORS BY BILL COLE**

1. Please stay alert. We are organizing a Neighborhood Watch group again. Contact Ron if you would like to help. You need to stay aware and alert for strangers in the Retreat. If you see someone that you do not think belongs here, call 911 at once. Do not wait. The Sheriff encourages you to call to be safe rather than sorry. The Retreat is private property and no trespassing signs are posted. No one should be driving around, fishing, walking, etc., unless they have been invited. Please help us all by staying vigilant.
  2. Lawsuit with Double Tree (Lost Lake) will be going to trial this summer. This is a contract dispute between neighbors. We expect to prevail and collect monies owed, legal fees and interest.
  3. Roof cleaning is complete and mulching will begin in May.
  4. Devcon security contract expires in February 2015. We are in the process of negotiating with Devcon and several other firms for a new contract.
  5. Look soon for a new Retreat website and a paperless approach to Retreat business. We will keep you advised.
  6. All palms will be trimmed twice annually and 1/3 of common oaks will be trimmed each year in a three-year rotation.
  7. Finances remain strong and all is operating well at The Retreat and on Seabranh.
- Thank you all for your help and support. Contact us anytime with your ideas or suggestions. We wish our seasonal residents a good summer.

Our WEB site, [retreatatseabranh.com](http://retreatatseabranh.com), has been upgraded by **Gene Gillis**, our WEB Master. The new format is now up and running.

What do you think? Send us your comments and suggestions. We would love to hear from you.

### **2014 RETREAT DIRECTORY**

If you have not received your **2014 Retreat Directory**, contact our Property Manager during his regular business hours.



**Coni  
McGuinn and  
Marlene  
Boobar are  
now certified!**

Effective July, 2013 a new Florida law went into effect which affects newly elected Directors and re-elected Directors to Home Owner Associations (HOAs). Both Coni and Marlene completed a course given by the Department of Business and Professional Regulation (DBPR) provider: Ross, Earle & Bonan, P.A. on March 19<sup>th</sup>. Their certificates will be on display. Below is the wording of the statute.

**Board Member Certification and Education:** Chapter 720 has been amended to mirror the Florida Condominium Act. Within 90 days after being elected or appointed to the board, each HOA director must now certify in writing to the secretary of the association that he or she has read the governing documents and will uphold them to the best of his or her ability. The director must also certify that he or she will faithfully discharge his or her fiduciary responsibility. In lieu of written certification, newly elected or appointed directors may submit proof of attendance at an educational course, through a provider who has been approved by the DBPR.

#### **Have you seen the new ATV?**

*The Retreat has purchased a Polaris 900, 5 seater plus 3...eight passengers in total ATV. Compared to our existing ATV, this is a much better machine, and more importantly a much safer machine with more stability than our current vehicle. It provides a better set-up for the manager to use day to day.*

#### **Do we need one?**

*We needed a safer replacement ATV for the manager to check on the many outreach areas in our community.*

#### **What happened to the old one?**

*We have had the current ATV for several years, and we were able to sell it. Proceeds from the sale were used to purchase the new one.*

#### **Can we afford it?**

*We have planned for this purchase and are using those designated funds.*

#### **Was that item in the budget?**

*This item was in the budget and is necessary for the running of the Retreat.*



## WHAT'S UP AT THE WOMEN'S CLUB????

By Mona Wiley

I hope your horse won! Congratulations to all those who won *something* at our Kentucky Derby Party. Some won something, but they don't remember 'cuz the mint juleps were so good!! This was just another of more than 52 events you could have taken part in this past season. I hope you had an opportunity to enjoy the outings and meet new neighbors and make new friends. I certainly met new neighbors and with that, a reminder that the Women's Club is open to all. The meetings are the third Monday of every month at 6:30pm, with refreshments to begin, a short business meeting and then a program follows. Join us!

Springtime is a time for new beginnings. Maybe it's time to get involved in the community or do something on your bucket list. Our last meeting for this season is May 19<sup>th</sup> at 6:30pm. Come for refreshments and a time to chat. Let's all support our new president, **Audrey DeLoffi** and the slate of new officers.

Before the summer begins, join us for our "Farewell to the Birds" luncheon at the Hunter's Grill on the corner of Seabranched Blvd and Federal Hwy. It will be held **Friday, May 9<sup>th</sup>** at noon. Meet at the restaurant to say goodbyes to the birds flying north and good luck to those who stay through the summer and brave heat waves and humidity!

On **May 17<sup>th</sup> and 18<sup>th</sup>**, the Treasure Coast Community Singers will feature "**Sinatra and Friends**" at the North Stuart Baptist Church. The concert begins at 3:00p.m. Advance tickets are \$10.00 and at the door \$15. Contact: Dottie Williams.

Be sure to watch the bulletin board for random dinners and lunches out. Sign up and enjoy each other's company. **Be safe! Be good! And Be Back** in October to begin again! Enjoy your summer.



A group from the Women's Club enjoyed a tour of local gardens sponsored by the Garden Club, hosted by member Lois Raska on Saturday, March 22.

Ladies are: Mary Ellen Turrell (Guest), Anne Mojo, Lois McGuill, Kay Campbell, Patty Federow (Audrey's cousin), Gerri Strong, Audrey DeLoffi, Marlene Boobar, Lois Raska, Kathy Turrell (Guest).



Members of the Women's Club: Pam Levy, Audrey DeLoffi and Deb Benson presenting our total gift of **\$1,623** to Cathy Knowles (Meals on Wheels Manager) and Bonnie Royster (Director of Development at the Council on Aging at the Kane Center). The fundraisers to raise this money were the International Tasting and Bake-less Bake Sale.

## APRIL WOMEN'S CLUB MEETING—INSTALLATION OF NEW OFFICERS



Outgoing President Marlene Boobar

May I say a great big shout out....**"THANK YOU."** Thank you for your thoughtfulness and generosity to me as I opened not one, nor two or even three gifts...but four—gift cards to Stein Mart, La Forchetta Restaurant, Carmine's Gourmet Market and Restaurant and The Spa at PGA National Resort. WOW!!!! I am in for such treats...and I am most grateful.

It was a privilege for me - yes, a true gift for me to serve as President of the Women's Club these past two years. I had the chance to spend time with so many wonderful women. That is what has been most special for me. So, I say again, a most sincere "Thank you".

Thank you for the gifts, Thank you for your support of me in my role as President, and Thank you for your continuing support of the Women's Club of the Retreat.

Marlene



Incoming President Audrey DeLoffi



Women's Club  
celebrating 10  
Years 2004—2014;  
Thank you to  
Marlene

New Officers:  
Treasurer Gerri Strong,  
Vice President Pam Levy,  
President Audrey DeLoffi,  
Secretary Alice Bernhardt







## Women's Club Installs New Officers

by Audrey DeLoffi

What a wonderful night we had on April 21 when 58 women attended the monthly meeting to thank Marlene Boobar for her two years as President and to install new officers: Audrey DeLoffi, President, Pam Levy, Vice-President, Gerri Strong, Treasurer and Alice Bernhardt, Secretary.

We also celebrated the tenth anniversary of the Club and recognized the past officers who were present: Coni McGuinn, Virginia Darcy, Karin Ryan, Martha Tarquine, Joanne Estes, Rosemary Woundy, Lucille Sanchez, Bettyann Dixon, Mona Wiley, Margaret Dara, Emily Mussatto, Jean Scerbo, Mickey Vernacchio, Gerri Strong and Marlene Boobar.

The beginnings of the Women's Club started in 2002, when a group of women formed a Social Committee to help Retreat residents meet other residents outside their own neighborhood. By 2004 the Social Committee evolved to the first slate of officers for the newly formed Women's Club. Those first officers were Mary Paukstys, Brenda Frank, Mary Regan and Coni McGuinn. The mission of the Club remains to promote social, educational, cultural and charitable activities for the women of the Retreat community.

Our membership year runs from April to March and this past year we had 116 members. We look forward to even increasing our membership for next year.

**CONGRATULATIONS TO  
OUR NEW OFFICERS!!!!**

## From Our New Vice-President

By Pam Levy



As the new Vice-President, I'm very enthused to be joining the new slate of officers for the Retreat Women's Club. Marlene's tenure was a wonderful model for success that I hope we can sustain and build upon. I look forward to many years of participation with our community of exceptional, diverse, interesting, caring, and fun... gals. (Sorry, guys, but this is a ladies thing).

I truly believe, as I have in every other community I've lived in, that membership is important; the more the merrier; the more we can accomplish both in our small community, the greater community around us and in our pursuits for our own happiness, believe it or not. Paying the yearly dues of \$25.00 does not carry any obligation to participate at meetings or events, (although you'd be most welcome and we'd love to have you). But, in writing that check, you will have joined your neighbors and friends in a truly rewarding endeavor.

Half of your paid dues go to sustaining our monthly purchase of groceries to the House of Hope. After touring their warehouse facility, and listening to the staggering numbers of need in our Martin County, the Women's Club's support to that charity is greatly needed and greatly appreciated.



I could almost bet that many of the people we see here, employed in some capacity, have need of that outreach organization. I'm glad for our participation in its service to our community.

Aside from our charitable gifts, our membership dues also goes to support club events, and our own outreach to our Retreat residents who might find themselves in need of a little show of kindness and compassion. If there is one thing I've learned since moving here, we are a kind, caring, and thoughtful bunch. I hope you all write out those checks today, and if you have already...Thank you and thank you to all.

# FAREWELL LUNCHEON FOR CAROL STONE

A great farewell for a wonderful friend!









# KENTUCKY DERBY PARTY Hosted by Social Committee and Women's Club

Special Kudos to Emily and Barry Mussatto and Mary and Tom D'Avanzo



CHURCHILL DOWNS 44 MAY 3, 2014







## Woods and Whites Was a Winner

By Susan Harris on Behalf of Our Team

What a success this charity event turned out to be! For those of you who might not be aware of this event or the group sponsoring it, here in The Retreat we have a small organization called **Hobe Sound Family Assistance Network**. The goal is to provide, primarily through education, a better life and future for immigrant mothers and their children who live here in Hobe Sound.

The theme of our event was a tennis tournament, in which all playing, had to be attired in Wimbledon white and use the old style wooden racquets. The tournament lasted for two days and was then followed by a dinner at our clubhouse. We had eighteen adventuresome players and almost sixty attendees for dinner. The tournament provided lots of laughs and everyone gave the chefs four stars for the dinner. Our local business establishments were very generous as were many of our residents resulting in forty-nine terrific prizes, some to be purchased by silent auction and others to be won via a Chinese raffle.

What made this event a true winner was not just the fact that we raised **\$4,000**, which was an amazing feat, but that so many individuals stepped up to offer their time, talents and funds to bring this to fruition. We are so blessed to live in The Retreat, where the concept of helping others, and long term, our city as a whole, is embraced and given so much support. We are very thankful to all of you who helped us and hope that next year we will have an even larger turn out.

## MORNING FOLK

By Chuck Eschenburg

On the curb at the early morning South Fork bus stop, sits 15-year old **RYAN HOEFLING** who has lived in the Retreat for nine years.

He is an aspiring Park Ranger already honing his skill by volunteering at Atlantic Ridge getting rid of invasive plants. He says "I haven't much to say." --- Yet---

Vigorously trekking down the sidewalk is **JEAN MARIE PINTUS**, a three-year resident on Angelina Court.

She was born in Newfoundland, grew up in Quebec then lived in Connecticut for 30 years. Jean Marie raised three children, the oldest of whom lives in nearby Gomez. During that time she was able to graduate from college and go into the practice for training and development. Her word to share is; Persevere---with faith---(all reinforced with a wide smile). Keep swinging those poles, Jean Marie.



## BRIDGE SCORES

By Patsy Shattuck

As we near the end of another beautiful winter, we are always sad to see our neighbors leave. It has been a fun year and we will be glad to see everyone when they return. Hope all of you have a wonderful summer and we'll see you next fall. Thanks for all the fun days of bridge. That goes for all of us!

### February 4, 2014

- 1 – Maryon Gonzalez
- 2 – Patsy Shattuck
- 3 – Barry Mussatto
- 4 – Jeanne Sopelsa
- 5 – Fran Elson

### February 11, 2014

- 1 – Kay Campbell
- 2 – Alan Shattuck
- 3 – Carol Flynn
- 4 – Bill Burns
- 5 – Sally Dunmire

### February 18, 2014

- 1 – Peggy Johnson
- 2 – Fran Elson
- 3 – Kay Campbell
- 4 – Maryon Gonzalez
- 5 – Kathy Majewski

### February 28, 2014

- 1 – Ann Sterling
- 2 – Alan Shattuck
- 3 – Anne Falcone
- 4 – Marie Ferrandino
- 5 – Steve Strong

### March 4, 2014

- 1 – Sally Dunmire
- 2 – Muriel Barry
- 3 – Alan Shattuck
- 4 – Kathy Majewski
- 5 – Laura Rothman

### March 11, 2014

- 1 – Alan Shattuck
- 2 – Steve Strong
- 3 – Sue Behn
- 4 – Muriel Barry
- 5 – Ann Sterling

### March 18, 2014

- 1 – Steve Strong
- 2 – Maryon Gonzalez
- 3 – Lyn Kennedy
- 4 – Laura Rothman
- 5 – Ann Sterling

### March 25, 2014

- 1 – Lyn Kennedy
- 2 – Kay Campbell
- 3 – Laura Rothman
- 4 – Patsy Shattuck
- 5 – Carol Flynn

### April 1, 2014

- 1 – Ann Sterling
- 2 – Marie Ferrandino
- 3 – Patsy Shattuck
- 4 – Emily Mussatto
- 5 – Kathy Majewski

### April 8, 2014

- 1 – Barry Mussatto
- 2 – Laura Rothman
- 3 – Lena Rublowsky
- 4 – Ann Sterling
- 5 – Alan Shattuck

## VOLUNTEER APPRECIATION SUNDAY AT THE RETREAT—MAY 4, 2014

About fifty residents attended the 1<sup>st</sup> Annual Appreciation event on Sunday, May 4<sup>th</sup> at the Clubhouse. We are truly blessed here at the Retreat to have so many willing residents ready to take on some extra duties which help make our community so special. The BOD identified close to 150 residents who have offered help in various ways and wanted to recognize individuals, committees and groups. Of special note was a “shout out” to our Behind the Scenes Web Master, Gene Gillis and “Master” of Channel 63, Jim Morrow. We see what these men do with uninterrupted dedication, but never really see them! Also a special recognition was given to Lill Malinowski and Dottie Williams for their efforts in producing the 50<sup>th</sup> Newsletter this past January. Our communications here at the Retreat has been exceptional! Each year our Directory is updated through the efforts of Coni McGuinn. These tasks don’t happen by magic!! A lot of hard work produces the results of these end products.

Master of Ceremonies, President Bill Cole further gave recognition to RAN: the Retreat Assistance Network and all the other many groups working to help neighbors give neighbors a feeling of belonging, importance and assistance.

The Retreat functions more smoothly with the many individuals who give of their time, talent and expertise to improve our neighborhoods and improve the workings of this community. Thanks to all who attended...and thanks to all who have contributed in any way as a volunteer! Gratefully, *Your BOD*



WEB MASTER  
GENE GILLIS

### BEHIND THE SCENES



CHANNEL 63  
JIM MORROW



EVENT  
CO-COORDINATOR  
MARLENE BOOBAR



RETREAT NEWSLETTER  
LILL MALINOWSKI AND  
DOTTIE WILLIAMS



RETREAT DIRECTORY  
CONI MC GUINN







This is our **Sandy Morrow!!** She was named the **Senior Outstanding Volunteer of the Year!!** This is a big deal....and we congratulate Sandy!! We always knew she was outstanding... now everyone else knows too.

Kudos to Sandy.....this is just another example of her generous spirit and kindness she shows to those young children.

Let's tell Sandy how proud we are of her!!!!

## RETREAT BOARD OF DIRECTORS

President	Bill Cole	546.5353	wcole2b@yahoo.com
Vice-President	Dave Williams	546.3866	davedottie@gmail.com
Secretary	Coni McGuinn	545.3465	conimcguinn@aol.com
Treasurer	Pat Pezzicola	545.0706	pezzicolap@comcast.net
Director at Large	Marlene Boobar	545.1043	marleneboobar@hotmail.com

## RETREAT PROPERTY MANAGER

<b>Office Hours:</b> Monday Wednesday Friday 8 am to 11 am 772.546.6112	<b>Ron Barrow</b>	<b>Clubhouse Fax:</b> 546.1699	retreathoa@comcast.net
		<b>Capital Realty for</b> Work Orders, General Questions, Emergencies: 1.800.940.1088	

## RETREAT COMMITTEES

<b>Architectural Control</b>	John McGuinn	545.9704	
<b>Clubhouse</b>	Gail Pezzicola	545.0706	gpezzicola@comcast.net
<b>Communications</b>	Lill Malinowski	545.3732	wallylill@comcast.net
<b>Covenant</b>	Nick Sacco	546.0654	nicktherealtor1@yahoo.com
<b>Finance</b>	Larry Anderson	546.9357	llea22@bellsouth.net
<b>Social/First Friday</b>	Sandy Morrow	545.1936	sandymorrow7@gmail.com
	Gail Pezzicola	545.0706	gpezzicola@comcast.net
	Jean Scerbo	545.3592	jeanmscerbo@yahoo.com

## RETREAT ACTIVITIES AND COMMITTEES

*All Retreat residents are invited to take part in our Retreat Activities. Retreat Homeowners are also invited to participate in the Retreat Committees. For more information, please call the contact person.*

<b>Channel 63</b>	Jim Morrow	545.1936
<b>Mah Jongg</b>	Angela Bibby	545.9195
<b>Duplicate Bridge</b>	Carol Flynn Alice Bernhardt	772.359.8274 600.5226
<b>Knot Just Knitting</b>	Sandy Morrow Liz Plourde	545.1936 546.5673
<b>Poker—Men's Straight</b>	Joe Ciocia	545.9767
<b>Poker—Texas "Hold—Em"</b>	Lois & Charles Raska Lois & Otto Vernacchio	545.2733 546.7523
<b>Red Hat Society</b>	Rita Lariviere	546.9744
<b>Relay For Life</b>	Lill Malinowski	545.3732

<b>Retreat Assistance Network (RAN)</b>	Muriel Barry	545.1919
	Alice Bernhardt	600.5226
	Marie Ferrandino	546.5476
	Sally Troiani	872.6053
<b>Retreat Directory</b>	Coni McGuinn	545.3465
<b>Retreat Newsletter</b>	Lill Malinowski	545.3732
	Dottie Williams	546.3866
<b>Social Bridge</b>	Patsy Shattuck	546.2011
<b>Tennis</b>	Tom D'Avanzo	545.7229
<b>WEB Master</b>	Gene Gillis	545.9304
<b>Women's Club of the Retreat</b>	Pres. Audrey DeLoffi	245.8420
	Vice Pres. Pam Levy	546.8204
	Treas. Gerri Strong	545.9963
	Sec. Alice Bernhardt	600.5226






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**Business owners—The Retreat Newsletter** is a great place for you to reach local customers. Ads are business card size in black and white. The ads appear in color on our WEB site, [www.retreatatseabbranch.com](http://www.retreatatseabbranch.com). Cost for each ad is \$125 for the year. A yearly contract is required. Please contact Coni McGuinn at 545.3465 or [conimcguinn@aol.com](mailto:conimcguinn@aol.com). The revenue from the ads is used to defray our newsletter printing expenses.



**Gentle Reminder**  
From Retreat Residents

The speed limit in the Retreat is 25 miles per hour. Please comply.

For those that ride their bicycles on the Seabbranch Boulevard sidewalk, warn pedestrians in front of you in a timely manner before passing them up.

Please do not block sidewalks with your vehicles. We have many pedestrians in the Retreat that like to walk—some with canes, walkers, strollers, and/or wheelchairs.

Pick up after your pets.

Check your outside wall on your neighbor's side and/or toward a side street. If moldy and/or dirty, it is time for a pressure wash.

On recycling day place newspapers and other things that can fly around the neighborhood on the bottom of the bin or secure them with a heavy object.

**WHOLE HOUSE VACUUM INFORMATION**

The whole house vacuum that was installed in every home in the Retreat has a warranty on it for ORIGINAL OWNERS. You will be charged a service call but the motor will be fixed or replaced. The company is Central Vacuum Connection, phone number 561.624.9609.

**A RECENT STUDY**

A recent study has found that women who carry a little extra weight live longer than the men who mention it.

- PHOTO CREDITS**
- Sand Hill Cranes—Carol Flynn
  - Relay For Life—Marlene Boobar
  - BOD—Wally Malinowski
  - Women's Club—Marlene Boobar, Susan Barton
  - Carol Stone Luncheon—Marlene Boobar
  - Kentucky Derby Party—Marlene Boobar
  - Sandy Morrow—Jim Morrow
  - Volunteer Event—Marlene Boobar

**GOING AWAY FOR A FEW MONTHS?**

THERE ARE MANY OF US IN THE RETREAT THAT GO AWAY FOR A FEW MONTHS AT A TIME. IN PRIOR NEWSLETTERS, WE PUBLISHED LISTS THAT RESIDENTS USE TO MAKE SURE ALL IS COMPLETE AND SECURE BEFORE THEY LEAVE. IF YOU ARE NEW TO THE RETREAT AND WOULD LIKE TO REFER TO THESE LISTS, GO TO OUR WEB SITE, CLICK ON NEWSLETTER. THEN GO TO:

MAY/JUNE 2005 - PAGE 5  
MAY/JUNE 2007 - PAGES 6 AND 7

WHEN YOU ARE PREPARING TO CLOSE DOWN YOUR RETREAT HOME, TAKE YOUR NON-PERISHABLE FOOD THAT IS WITHIN THE EXPIRATION DATE TO OUR MAIL ROOM. PLACE THE FOOD INTO THE **HOUSE OF HOPE BIN**. YOU WILL BE CLEANING OUT YOUR PANTRIES AND ALSO HELPING THOSE IN NEED.

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