



The Retreat Newsletter

November/December 2014

Volume 11, Issue 5



NOVEMBER
4TH



We give thanks to the millions of Americans who have strengthened our nation as a result of their military service.

NEWS FROM OUR BOARD OF DIRECTORS *By Dave Williams*

Your Board of Directors (BOD) had been busy on many fronts over the past several months. Here a few items that we have been working on.

Budget and Finance – The Finance Committee, chaired by Larry Anderson has studied the entire Retreat 2015 budget and after making some adjustments recommended a final version to the Board of Directors. The Board voted to accept their proposed budget and adopted it at the October 14th board meeting. The great news is that the Retreat 2015 quarterly fees will remain the same as last year in spite of rising costs. In upcoming months they will be taking a closer look at our reserve funds. They plan several presentations both at future Board meetings and at the February Annual Meeting. Community members on this committee are Jim Morrow, BOD Treasurer, Tom Hartnett, Bob Plourde and John Clifford. All of the members have impressive backgrounds in the financial field and the Retreat is fortunate to have them working for us.

ADT/Devcon – We signed an extended contract with ADT/Devcon Security that will allow residents to upgrade their systems if they choose. Residents have received a mailing from ADT concerning this, and we will be having meetings at the Clubhouse and possibly at the annual meeting. Representatives from ADT will explain all the upgrades available and answer any questions. Residents will have until the end of March to sign on for upgrades if they choose. No changes are necessary and your system will work as usual if you do nothing. Remember, the HOA pays the basic service (about \$18/month) for each home so homeowners only pay for additions and upgrades.

Drainage Committee – Volunteers for the Drainage Committee met for about 1½ hours to look through maps and drawings and have the system explained to them. They then had a 2 hour guided tour of the drainage system using the ATV. The tour showed the actual system and how it all interacts. All were impressed and probably a bit overwhelmed but glad to be involved. We plan a similar training session for other volunteers who were away for the summer season. We also plan projects for them such as marking all the wetland structures, keeping them clear, checking the street and yard drain sumps for debris clearance, etc.

(Continued on page 2)

Committees – We are still looking for interested people to serve on the Clubhouse Committee and the Architectural Control Committee. Anyone interested or wanting information, please contact Ron at our office or Marlene Boobar, BOD Vice-President.

Shutters – In the last quarterly dues coupon mailing, a survey was included asking resident if they wanted to be able to shutter their rear lanai area for furniture storage during hurricane season. Thus far we have had 348 replies which represent 63% of the community. The results are 227 (65%) want to change the document wording to allow rear shuttering; 119 (34%) are not for change; 1 blank survey and 1 no opinion. Based on the results of the survey, a 2:1 ratio in favor of changing the shutter policy, the Board will reword the section on Hurricane Shutters in the rewriting of our Documents. To make this change 51% (283 homes) of the homes in the Retreat must vote in favor of our revised Documents at the annual meeting in February.

Document Revision – The Board with assistance of the staff at our lawyer’s office, is currently involved in a complete document rewrite (Green Book). For the most part this simply involves cleaning-up the developer references, references to multiple communities, lots of grammatical errors and references to things that do not relate to the Retreat Homeowners’ Association. We are looking to place some of the Article XII policy exceptions that the BOD has voted on over the past ten years in the form of resolutions into the rewritten documents. Also if approved the shutter policy will be included as indicated above. This rewrite is very important. It will stream line and make the documents easier to understand and use. We will be encouraging and asking for a great turn out to approve this document re-write. Please keep this in mind and mark your calendar schedule to attend or complete a proxy for this meeting at SeaWind school on February 9th. We will need a minimum of 283 “yes” votes to approve the document rewrite and change the shutter policy, etc.

Editor & Publisher	Co-Editor
Lill Malinowski 545.3732 wallylill@comcast.net	Dottie Williams 546.3866 davedottie@gmail.com

Information in this newsletter is believed to be reliable, but is not guaranteed for accuracy or completeness. Such information is provided solely for informational purposes, and should not be construed as definitive. Any information contained herein is not intended to be a substitute for independent investigation on any subject matter. The Retreat at Seabranh Homeowners Association as well as the editors and individual contributors to this newsletter expressly disclaim all liability in respect to actions taken or not taken based on the contents of this newsletter.

**TO ADVERTISE IN THE RETREAT NEWSLETTER,
CONTACT CONI MC GUINN AT 545.3465.**

Miscellaneous – A few more topics of interest and importance the office has been made aware of: (1) the smoke detectors installed in your home by the developer have a rated life span of 10 years and we are there. We have no reported problems thus far, but they may need future replacement; (2) Ron tells me that he has found out that there is a kit available to replace the garage door seals if they tear-up and become ineffective. See Ron for information; (3) Your fire extinguisher that came with the house is out of date, ineffective, and can’t be re-charged. You need to buy a new replacement and get rid of the original



**NEIGHBORHOOD WATCH
MEETING WITH SHERIFF’S
DEPARTMENT**

MONDAY, DECEMBER 1ST

7PM IN THE CLUBHOUSE

ALL ARE WELCOME

SOCIAL COMMITTEE



**Come see your friends and meet new neighbors
Bring an appetizer to share and your favorite beverage**

November 7th

Retreat Clubhouse 5PM to 7PM

**HOLIDAY GET-TOGETHER AT
OUR CLUBHOUSE**

SAVE THE DATE—SATURDAY DECEMBER 6TH

**CHECK THE BULLETIN BOARD IN THE MAIL
ROOM AND CHANNEL 63 FOR MORE DETAILS**



CLOUD HIGHWAYS

By Cindy Sullivan and Kevin Knoop of Big Bend Terrace

Picture taken on October 9, 2014 at 7:30AM

This morning, while looking west, there was a full moon and what looked like two rays of blue light on each side of it. Sometimes when we want to see something unusual in the sky, we need to look around...like we do when looking for a rainbow. In older communities with huge tall oak trees they can barely see the sky. Here in the still young Retreat, we are fortunate to have this wide open sky and view the beautiful clouds, rainbows, sunrises and sunsets. It reminds us of Louis Armstrong's 'What a Wonderful World'.

We sent an email with the picture to WPTV Channel 5's weatherman Steve Weagle and asked, "What caused the two blue streaks this morning with the moon?" Steve replied, "That is shadows of clouds on the horizon. Nice photo." We normally might see this while looking east at a sunrise. While searching online for 'shadows of clouds,' we found a great website dedicated to the appreciation of clouds:

<http://cloudappreciationsociety.org>

It was there we saw the term 'cloud highways!'

Our September Trip to Italy and Croatia

By Audrey and Tom DeLoffi

Beginning with our honeymoon, when we wine-tasted across France, we have taken several trips to Europe, where we planned our own itinerary and made our own travel arrangements. Just over a year ago, a good friend in Maine, asked if we would consider a tour to Italy with her. We had never participated in a tour before, but thought we would try it. Booking through AHL Travel, a company that provides many college alumni organizations with trips, we planned to spend a week in "Apulia—the Undiscovered Italy." Several years ago, the New York Times aptly coined this description of the south eastern boot of Italy because so few Americans knew about this area.

Before our tour, we decided to take an overnight ferry from Italy to Dubrovnik, Croatia, where we spent 4 days—touring the beautiful architecture of the old city (known as the Pearl of the Adriatic) and taking a day trip to the country of Montenegro. We then returned by ferry to Bari, Italy, and were transported to our hotel, built on the cliffs in the lovely seaside town of Polignano a Mare, where we would stay the entire week of our tour.

Over the next 7 days, we enjoyed panoramic views in the towns of Ostuni, Trani, Matera, Lecce, Alberobello, and Bari. We visited Baroque churches, took a boat to visit local caves, saw a 13th century Jewish synagogue, sampled local wines and had lunch at a family operated olive oil mill. We toured 3 UNESCO World Heritage sites, including the Trulli conical houses, the Sassi cave houses and a German influenced castle. We enjoyed 3 educational lectures, providing excellent background information prior to our tours.

At the end of our trip, we decided we had reached the next stage of traveling and would definitely consider another tour—where the itinerary, hotels, tour guides, majority of meals and driving are all planned for you!!





US CONGRESSMAN PATRICK MURPHY VISITS THE RETREAT

By Jim Pawlak

On Sunday afternoon
September 28 United
States Congressman

Patrick Murphy visited The Retreat. Co-hosted by Jim Pawlak and Bonnie Becker, 35 Retreat residents, along with friends from Stuart and Jupiter, gathered to hear the Congressman express his views on a number of issues effecting The Treasure Coast, notably All Aboard Florida, Medicare, Veterans' concerns and the environmental issues of The St Lucie River and Lake Okeechobee.

Guests had the opportunity to mingle and meet and greet the Congressman followed by a question and answer discussion.



WALKING THE WALK!

By Tom D'Avanzo

Our RETREAT TENNIS TEAM generously donated \$750 in its annual support of SafeSpace as it helps victims of domestic violence. The Retreat tennis group was well represented on the October 5th event, Walk A Mile in Her Shoes in downtown Stuart, by our stalwarts of MANHOOD with Josephine, I mean Joe Perry, wild Bill, kick'em high, Burns, Ben D'Avanzo and yours truly, struttin' Tom D'Avanzo (See first photo). Our much appreciated support team was comprised of Sherry Perry, Mary D'Avanzo (photographer), Yank Mojo and our very own cinematographer, "Buddha" (Tom Morea).

Ben's friend, Daryl McLaughlin (owner of Stuart Scuba Dive Shop), seen in the 2nd photo in his tutu was the object of my attention as I tried to persuade him with a rose to no avail. Thanks to all who participated.





HISTORY OF VETERANS DAY

www.glencoe.com/sec/socialstudies/btt/veterans_day/history.shtml

In 1919, President Woodrow Wilson proclaimed November 11 as Armistice Day to remind Americans of the tragedies of war. The fighting in World War I had ended a year earlier, at 11 A.M., November 11, 1918 (the eleventh hour of the eleventh day of the eleventh month).

Two years later on Armistice Day, an unknown American World War I soldier was buried at Arlington National Cemetery in Washington, D.C., in the Tomb of the Unknowns. Thousands of people came to watch the elaborate ceremonies that took place. Similar ceremonies had taken place the previous year in England and France: an unknown English soldier was buried in Westminster Abbey in London, and an unknown French soldier was buried at the Arc de Triomphe in Paris.

In 1926, Congress passed a resolution calling for the observance of Armistice Day in schools, churches, and other suitable places. Twelve years later the day was designated as a national holiday. In 1939, a year after Armistice Day became a national holiday, World War II broke out in Europe. The start of this war ended the idealistic hopes that World War I was "the war to end all wars." Over four hundred thousand American troops died in World War II.

After the Korean War (1950–1953), during which over 36,000 Americans died, Congress considered making Armistice Day a day to commemorate veterans of all wars, not only those who served in World War I. In 1954, President Eisenhower signed a bill proclaiming the holiday a remembrance of all wars and changing its name to Veterans Day.

A law passed in 1968 moved the Veterans Day celebration to the fourth Monday in October. However, the original date, November 11, was historically significant to many Americans, and ten years later the observation of Veterans Day returned to its original date.

In 1958, two more unidentified American soldiers were laid to rest next to the unknown soldier of World War I. One of the soldiers was killed in World War II, and the other in the Korean War. In 1984, a fourth unknown serviceman was added to the tomb. He had died in the Vietnam War. However, in 1998, the identity of the Vietnam War soldier was discovered through DNA testing, and his remains were returned to his family. The crypt reserved for the unknown soldier from the Vietnam War is now empty.

Veterans Day celebrations include parades and speeches held in towns and cities throughout the United States. The focal point for national ceremonies, however, continues to be the Tomb of the Unknowns in Arlington National Cemetery and the amphitheater surrounding it. Every year, special services begin at 11 A.M. with two minutes of silence. After the playing of "Taps," the president places a wreath at the tomb. A color guard procession and several speeches, one of them usually by the president, follow it.



2015 RELAY FOR LIFE OF HOBE SOUND



HOLIDAY HOME TOUR

By Lill Malinowski

Our Relay For Life Team is putting the wheels in motion for our annual **Relay For Life** fundraisers.

The Retreat Remembers... Team will be hosting a fundraiser called the **Holiday Home Tour**. Several residents in the Retreat will open their homes for viewing on **Sunday, December 14th** from 1pm to 4pm to raise money for the American Cancer Society. Refreshments will be served in our Clubhouse from 3pm to 5pm.

This tour will give people a chance to see and share some ideas in not only holiday decorating but great ideas in enhancing our beautiful DiVosta homes in The Retreat. The **Holiday Home Tour** will also bring our community closer together. Many of our loved ones and neighbors have been touched by this devastating illness, and we would like to do our part in eradicating this disease. Please mark your calendars.

Tickets will be on sale at our Clubhouse:
Tuesday, December 2nd from 3pm to 5pm
Saturday, December 6th from 11am to 1pm.
You can also call me at 772.545.3732.

Tickets are \$15 per person. Make checks out to:

American Cancer Society



ENJOYMENT BOOKS

One of our fundraisers is selling Enjoyment Books. The cost is \$35 of which \$10 for each book sold goes to the American Cancer Society. Wally Malinowski is already selling these books thru mid December.

Great holiday gifts!
772.545.3732



CELEBRATION OF LIFE

Free Simple Supper

**Sunday, November 16th 4 PM
Clubhouse**

Enjoy a free simple soup supper as we come together to remember our fellow residents who have lost their battle with cancer and honor those survivors who have battled this dreaded disease.

This will be an afternoon of sharing, caring and remembering with those wonderful memories of our neighbors and friends who have passed on.

All are welcome!

Please sign up in mailroom for planning purposes

OR

RSVP by Wednesday, November 12th

Marlene Boobar

marleneboobar@hotmail.com

H: 772-545-1043 C: 561-889-4445

Donations accepted that evening.
Checks may be made payable to: **The American Cancer Society**

Sponsored by the Retreat Relay For Life Team:

The Retreat Remembers...



The Port Austin Reef Lighthouse is located in Lake Huron approximately 2½ miles north of the Port Austin Harbor in Port Austin, Michigan.



LARC-V (Lighter, Amphibious Resupply, Cargo, 5 ton), is an aluminum-hulled amphibious cargo vehicle capable of transporting 5 tons or 28 passengers. It was developed in the United States during the 1950s, and is used in a variety of auxiliary roles to this day.

LIGHTKEEPER OF THE YEAR AWARD

By Lou Schillinger, President of the Port Austin Reef Light Association (PARLA)

Team effort as important and productive as it is, can be overshadowed by individual dedication to a particular project or series of projects. Those volunteers I believe do need the recognition they deserve. To that end, the Board of Directors have decided to award a "Lightkeeper of the Year" to one of the most committed and dedicated volunteers of the summer. This year the first year award is to be presented to **Mr. Wally Malinowski** who prided himself on "reliability" and focused work throughout the summer. As you know we have a unique addition to the PARLA "Navy", the Vietnam Era LARC. When weather didn't permit visits to the Lighthouse this summer, Wally took it upon himself to start and expertly complete one of the more important projects of the LARC this summer---sealing the dangerously hot exhaust tubes and driving the clean and repair of the fuel system. At the lighthouse, for the first time in a dozen years, the Lamp House has brand new clear Plexiglas windows-all removed, and replaced by Wally throughout the summer. As if that wasn't enough, Wally's good dedication was rewarded with a bit of "good luck" as he and his "lighthouse widow" wife, won the Port Austin Community Players annual drawing for \$10,000 in August. In a continuing effort to share his good fortune, Wally purchased a complete set of brand new Craftsman tools for the lighthouse and LARC projects donating early in September.

Efforts like these repeated this year and dozens of times over the past 25 years, it what it takes to complete an important historical renovation like our "Castle in the Lake"---for 2014 and the Board of Directors Congratulations and a heartfelt THANKS to Wally and Lill Malinowski.

RealtyTrac: Top 10 Beach Town Housing Markets

Daily Real Estate News | Friday, May 30, 2014

What's the best housing market for the beach-life? Hobe Sound, Fla., according to a new report by RealtyTrac, which tracked the top beach town housing markets based on home values for single-family homes and condos, weather, air quality, and crime rates.

"Buying near the beach is one of the best ways to ensure a property will appreciate in value," said Daren Blomquist, vice president at RealtyTrac. "Whether buying for retirement, a vacation home or a primary residence, homes located in quality beach towns benefit from virtually unlimited demand and a finite supply of land to build on."

Hawaii boasts 11 of the top 20 beach town housing markets, the most of any other state, that made RealtyTrac's rankings. The top 20 beach-town markets

all had median home values below \$1 million.

RealtyTrac identified the following top 10 beach-town housing markets:

1. Hobe Sound, Fla.: It ranked No. 1 on the list due to its low median estimated market value of homes and condos at \$191,189, according to RealtyTrac.
2. Naples, Fla.
3. Waianae, Hawaii (located on the island of Oahu)
4. Wailuku, Hawaii (located on the island of Maui)
5. Marco Island, Fla.
6. Los Osos, Calif. (located in San Louis Obispo County)
7. Kahului, Hawaii (located on the island of Maui)
8. Ewa Beach, Hawaii (located on the island of Oahu)
9. Kihei, Hawaii (located on the island of Maui)
10. Waipahu, Hawaii (located on the island of Oahu)

Source: RealtyTrac

WHAT'S UP AT THE WOMEN'S CLUB????

By Mona Wiley



A **warm welcome** to all who came to the Women's Club for the first time and big hugs to those who returned from the north and everyone else who participated in our first club meeting on October 20th. Many hands and brains have been very busy over the summer preparing an unbelievable directory with events too many to mention in this newsletter. Please always check your new schedule of events for the Women's Club and other social activities you wish to participate in this year. Our monthly meetings are the third Monday of every month beginning at 6:30 for refreshments and all women of the Retreat are invited.

November 12th – Wednesday is a *holiday shopping and lunch* at the new outlet mall in West Palm Beach. Meet at the clubhouse at 9:30am to car pool, and then we'll have lunch at BJ's Restaurant & Brewhouse (separate checks). Pre-sign up in the mailroom.

Dan Wiley remembers when this area off Palm Beach Lakes was a mangrove swamp and he would fish and trap coons. The area was then filled in for development and the first mall in West Palm was built. Now it has morphed into an outlet development.

November 14th – Friday will be our "*Welcome Back Lunch*" at the clubhouse at 10:30am. Please sign up in the mailroom so we have an accurate account. If you want a great lunch and a good time, this is a "not-to-be-missed" event.

November 16th – Sunday will be a special day at the clubhouse at 4pm. Our friends and neighbors will gather for a *celebration of life* in memory of our Retreat residents who have passed away recently. If you have a memory of a particular friend you'd like to share, please contact Marlene Boobar.

November 21 – Friday is *kayaking* for beginners with a guided tour by volunteers on a shallow pond in Savannah State Park in Port St. Lucie. Kayaks and life vests will be provided. A donation of \$10 will be accepted. Bring your lunch and you can picnic with your friends and any other living element out there. Maybe bring bug spray too. As always, look for the sign-up sheet and contact Bettyann Dixon.

(Continued on page 12)



HOUSE OF HOPE AWARD

By Kay Bowen Smith

The Women's Club of the Retreat was honored by the House of Hope at a luncheon in September at the Pittenger Center in Stuart.

The Hope Award shines a spotlight on agencies, businesses, individuals and faith based organizations and neighborhoods that perform extraordinary work, hand in hand, with The House of Hope.

The event celebrated the community partners who support House of Hope mission to fight hunger and hardship in Martin County. The honorees represent people and organizations who have long term, wide ranging or otherwise unique relationships with House of Hope.

Our representatives were Alice Bernhardt, Carol Flynn, Carol Stone, Geri Ciocia, Dotti Wurster, and Helen Larcom who enjoyed a tasty meal and good companionship. The Retreat should be proud of the award which now hangs in our Clubhouse.

Editorial comment: The Women's Club of the Retreat purchases \$100 of groceries each month for the House of Hope food pantry.



VOLUNTEER JOY CURRIER

Our dear friend and dedicated volunteer, **Joy Currier**, passed away on September 11 with her daughter at her side. Joy was an active member of our Women's' Club, Relay For Life Team, and SafeSpace among many other charities. Joy was always there to volunteer to help. These pictures speak for themselves. May you rest in peace, Joy.





Pharmacy Topics

By Connie Bandy, R.Ph., Doctor of Pharmacy

An Update on EBOLA HEMORRHAGIC FEVER (Ebola HF)

On September 30th, the CDC (Centers for Disease Control and Prevention) confirmed the first person diagnosed with Ebola in the United States. While this is a scary situation, the CDC continues to reassure us that there is a big difference between the U.S. healthcare system and the delivery of healthcare in the parts of Africa where Ebola is spreading. They feel confident that they can contain the spread of this virus – and officials stress that citizens should not be concerned about an outbreak in the United States.

Since the publication of my last article on Ebola (Sept/Oct 2014 issue of *The Retreat Newsletter*), the number of patients infected with Ebola in Guinea, Liberia and Sierra Leone has surpassed 6,500 with more than 3,000 deaths. On a more positive note, as healthcare professionals in these countries become better at supportive care for these patients, are more adept at isolation techniques; and have access to better protective equipment while caring for these patients, more people are now surviving the disease and are being discharged from African clinics.

At heart of the fear of this disease is misinformation. The more we know about the transmission of the virus, the more we can protect ourselves against exposure. A list of “Seven Things to Know About Ebola and How It Is Spread” was recently published by the World Health Organization (WHO) and the Centers for Disease Control – most of these points were covered in my previous article, but they are worth repeating:

1. EBOLA VIRUS CAUSES A VIRAL HEMORRHAGIC FEVER DISEASE.

Symptoms include: fever, headache, joint and muscle aches, weakness, diarrhea, vomiting, stomach pain, lack of appetite, and abnormal bleeding. Symptoms may appear anywhere from 2 to 21 days after exposure to Ebola virus though 8 to 10 days is most common.

2. WEST AFRICA OUTBREAK NOW LARGEST IN HISTORY.

As stated above, the current outbreak in the neighboring countries of Liberia, Guinea and Sierra Leone has sickened more than 6,500 people and killed about 3,000 persons since March – the largest in history. The outbreak is unusual for West Africa as the disease is typically found in the center and east of the continent.

3. SOME PEOPLE HAVE SURVIVED EBOLA.

While the fatality rate for Ebola can be as high as 90 percent, health officials in the three countries say people have recovered from the virus and the current death rate is about 60 percent. Those who fared best sought immediate medical attention and got supportive care to prevent dehydration even though there is no specific treatment for Ebola itself.

4. EBOLA CAN LOOK LIKE OTHER DISEASES.

The early symptoms of an Ebola infection include fever, headache, muscle aches and sore throat. It can be difficult to distinguish between Ebola and malaria, typhoid fever or cholera. Only in later stages do people with Ebola begin bleeding both internally and externally, often through the nose and ears.

5. EBOLA IS ONLY SPREAD THROUGH CLOSE CONTACT.

The Ebola virus is not airborne, so people would have to come into direct contact with the bodily fluids of an infected person. These include blood, sweat, vomit, feces, urine, saliva or semen - making transmission through casual contact in a public setting unlikely. Of particular importance, this virus reportedly cannot be spread to another human unless symptoms of the disease are present.

6. EBOLA IS NOT IN FOOD OR WATER.

Ebola is not a food-borne illness. It is not a water-borne illness. You can't get it from something you eat or drink.

7. FEAR AND MISINFORMATION.

In the three countries, health workers and clinics have come under attack from panicked residents who mistakenly blame foreign doctors and nurses for bringing the virus to remote communities. Family members also have removed sick Ebola patients from hospitals. Government officials have stepped up efforts to isolate patients, educate the public, check travelers and tighten borders to prevent the disease's spread.

If you do have to travel to and from Ebola-affected countries, the diagram below (published by the World Health Organization) demonstrates on how to keep yourself safe. Actually these tips are good ones, in general, to prevent the spread of infections while flying.

TRAVEL TO AND FROM EBOLA-AFFECTED COUNTRIES IS LOW-RISK HERE IS WHAT YOU NEED TO KNOW



WHILE TRAVELLING

If you develop a fever and Ebola symptoms yourself promptly inform airline personnel.

fever, weakness, muscle pain, headache, and sore throat; followed by vomiting, diarrhoea, bleeding.

Alert airline personnel about a fellow traveller who has Ebola symptoms:



AT AIRPORTS AND AT YOUR DESTINATION

DO NOT touch the body of a person who has died from Ebola.

Avoid direct physical contact with anyone who is displaying the symptoms of Ebola.



Use alcohol rub throughout the day. When hands are visibly dirty use soap and water.

Seek prompt medical attention if you have Ebola symptoms.



World Health Organization

(Continued from page 8) *What's Up at the Women's Club???*

November 22 – Saturday is *Paint a Christmas ornament* (furnished) and a glass plate. You can buy one at a thrift shop or one at Bed, Bath and Beyond. Paints and brushes will be furnished, but please pay \$15 in advance to Emily Mussatto so she can buy the staples. Meet in the clubhouse at 10am to 1pm. Emily is determined to make painters out of those "not so gifted in the art" area!!

And now we head into our fun month. Lots to do, see, eat and participate in, beginning with

December 5 – Friday is a get together to *decorate the clubhouse*. For lunch we'll have pizza and salad and then a Yankee Swap gift exchange. Bring a wrapped gift of \$15 value. Sign up in the mailroom so we can be sure you have some pizza.

In these weeks, there will be social committee events, book reviews at the Martin County Library's and concerts by the Stuart Community Concert Band and the Treasure Coast Community Singers. Be sure

to check your schedule for where, when and how much.

December 14 – Sunday is the *Holiday Home Tour* from 1pm – 5pm. The Retreat Remembers Relay For Life Team is sponsoring its annual tour of the beautiful homes here. Please purchase a \$15 advanced ticket from a team member or pay at the clubhouse door. May checks payable to "The American Cancer Society".

December 15 – Monday is our *monthly meeting* at the clubhouse. Put it on your calendar

Lots more going on throughout the month, so check your directory or chat around and find out who's doing what.

As we head into our busy holiday months, I'd like to challenge us to be thankful for least one thing. Teach your grandchildren to be thankful and recall together one memorable Thanksgiving. Did you shoot your own turkey or pheasant? Did you have duck, goat or wild boar? Would love to hear about them.

2015 RETREAT TELEPHONE DIRECTORY FORM

If you are not currently listed in the 2014 Telephone Directory and wish to be listed in the 2015 Directory, please fill out the form below. If you are currently listed in the 2014 Directory and would like to update it, please fill out the form below with your name and the **updated information only**. **If your 2014 information is correct, do not fill out another form. Please sign the form** and place it in the Drop Box in the Property Management Office located in the Clubhouse or mail it to Retreat Homeowners Association, 8700 SE Retreat Drive, Hobe Sound, FL 33455, ATTN: Communications Committee **no later than February 1, 2015**.

List your information exactly as you want it printed in the Directory.

PLEASE PRINT CLEARLY

LAST NAME(S) _____

FIRST NAME(S) _____

RETREAT ADDRESS _____

TELEPHONE _____

CELL TELEPHONE (optional) _____

EMAIL ADDRESS (optional) _____

*Signature

*Signature

*Signature(s) are required to have information published in the Directory.

DISCLAIMER: Information contained in Directory is confidential and not for dissemination outside the Retreat community



BRIDGE SCORES

By Patsy Shattuck

WELCOME - to all our northern residents! We are glad to have you back. It will be nice to have more people for our Tuesday bridge and

Thursday. I hope all of you had a great summer. Our weather was a little on the warm side as I know you all have heard. Have a great fall and winter.

August 12, 2014

- 1 – Patsy Shattuck
- 2 – Maryon Gonzalez
- 3 – Muriel Barry
- 4 – Alan Shattuck
- 5 – Bill Burns

August 19, 2014

- 1 – Muriel Barry
- 2 – Peggy Johnson
- 3 – Lyn Kennedy
- 4 – Alan Shattuck
- 5 – Ann Sterling

August 26, 2014

- 1 – Peggy Johnson
- 2 – Maryon Gonzalez
- 3 – Alan Shattuck
- 4 – Bill Burns
- 5 – Lyn Kennedy

September 2, 2014

- 1 – Ann Sterling
- 2 – Alan Shattuck
- 3 – Patsy Shattuck
- 4 – Roberta Segel
- 5 – Peggy Johnson

September 9, 2014

- 1 – Patsy Shattuck
- 2 – Maryon Gonzalez
- 3 – Laura Rothman
- 4 – Ann Sterling
- 5 – Muriel Barry

September 16, 2014

(Ladies' Day)

- 1 – Peggy Johnson
- 2 – Patsy Shattuck
- 3 – Lyn Kennedy
- 4 – Ann Sterling
- 5 – Sharon Davis

September 23, 2014

- 1- Lena Rublowsky
- 2 – Marie Ferrandino
- 3 – Alan Shattuck
- 4 – Peggy Johnson
- 5 – Ann Sterling

September 30, 2014

- 1 - Peggy Johnson
- 2 – Maryon Gonzalez
- 3 – Ann Sterling
- 4 – Alan Shattuck
- 5 – Lyn Kennedy



Volunteer Opportunities

Got time to spare? Become a shelving expert, a computer coach guru, a library docent, assist with special events, adopt a shelf, become a Digital Literacy Lab assistant, and much more! We encourage you to utilize your talents, skills and abilities to assist us in providing the highest level of quality service to the patrons of the Martin County Library System. A commitment of two to four hours per week for a period of six months is required. Training will be provided.

Volunteers are needed to assist in a number of activities involved with book sales. Positions are available Wednesday and Friday 9 - Noon and Saturday and Sunday 9am - 2pm. For more information contact Terry Dick, Volunteer Coordinator, at 772-219-4906.

Literacy Tutors

The Martin County Library System is looking for volunteers for its English language program-

Volunteers help adult learners acquire the ability to read, write and speak English. Students meet Tuesdays and Wednesdays from 6:30 to 8 p.m., and volunteers are wanted for one or both evenings. The sessions are held at the Cassidy Community Center at 2824 SE Ellendale Street in Stuart -- just 6 minutes from Temple Beit HaYam, near the intersection of Indian Street and US A1A.

Library Docents

Like to exercise your interpersonal skills? The Martin County Library System is seeking volunteers to serve as Library Docents at the Blake Library. We encourage you to utilize your talents, skills and abilities to assist us in providing the highest level of quality service to the patrons of the Martin County Library System. Strong technology skills a must; various shifts available.

WILDLIFE IN THE RETREAT



Left—RED-TAILED HAWK

Middle—IBIS

Right—HERON, EGRET, ROSEATE SPOONBILL



RETREAT BOARD OF DIRECTORS

President	Dave Williams	546.3866	davedottie@gmail.com
Vice-President	Marlene Boobar	545.1043	marleneboobar@hotmail.com
Secretary	Coni McGuinn	545.3465	conimcguinn@aol.com
Treasurer	Jim Morrow	545.1936	morroja1@gmail.com
Director at Large	Gene Gillis	545.9304	gene111@genegillis.com

RETREAT PROPERTY MANAGER

Office Hours: Monday Wednesday Friday 8 am to 11 am 772.546.6112	Ron Barrow	Clubhouse Fax: 546.1699	retreathoa@comcast.net
		Capital Realty for Work Orders, General Questions, Emergencies: 1.800.940.1088	

RETREAT COMMITTEES

Architectural Control	John McGuinn	545.9704	
Clubhouse	Marlene Boobar	545.1043	marleneboobar@hotmail.com
Communications	Lill Malinowski	545.3732	wallylill@comcast.net
Covenant	Nick Sacco	546.0654	nicktherealtor1@yahoo.com
Drainage	Dave Williams	546.3866	davedottie@gmail.com
Finance	Larry Anderson	546.9357	llea22@bellsouth.net
Social/First Friday	Sandy Morrow Jean Scerbo	545.1936 545.3592	sandymorrow7@gmail.com jeanmscerbo@yahoo.com

RETREAT ACTIVITIES AND COMMITTEES

All Retreat residents are invited to take part in our Retreat Activities. Retreat Homeowners are also invited to participate in the Retreat Committees. For more information, please call the contact person.

Channel 63	Jim Morrow	545.1936
Mah Jongg	Angela Bibby	545.9195
Duplicate Bridge	Carol Flynn	359.8274
Knot Just Knitting	Sandy Morrow Liz Plourde	545.1936 546.5673
Poker—Men's Straight	Joe Ciocia	545.9767
Poker—Texas "Hold—Em"	Lois & Charles Raska Lois & Otto Vernacchio	545.2733 546.7523
Red Hat Society	Rita Lariviere	546.9744
Relay For Life	Lill Malinowski	545.3732

Retreat Assistance Network (RAN)	Muriel Barry Alice Bernhardt	545.1919 600.5226
Retreat Directory	Coni McGuinn	545.3465
Retreat Newsletter	Lill Malinowski Dottie Williams	545.3732 546.3866
Social Bridge	Patsy Shattuck	546.2011
Tennis	Tom D'Avanzo	545.7229
WEB Master	Gene Gillis	545.9304
Women's Club of the Retreat	Pres. Audrey DeLoffi Vice Pres. Pam Levy Treas. Gerri Strong Sec. Alice Bernhardt	245.8420 546.8204 545.9963 600.5226



BONNIE BECKER
Realtor®



111 Sandpiper Circle
Jupiter, Florida 33477
Office: 772.545.2951
Cell: 561.262.2761
Fax: 772.546.4825
beckebon@yahoo.com
www.BonnieBecker.com



Equal Housing Opportunity

Signature Properties
of the Palm Beaches



14267 N. U.S. Hwy. One
Juno Beach, Florida 33408
Office: 561-694-0020
armjunobch@aol.com
www.signaturepropertiesofthepalmbeaches.com

Anthony R. Moscato, Broker Associate
Direct Contact: 561-801-5281
RETREAT RESIDENT WITH 22 YEARS EXPERIENCE

John C. Cassidy
AIR CONDITIONING INC.

BILL T. FALCONIO
Vice President of Operations

Mobile 561-389-1818 Sales 561-863-6750
bfaiconio@cassidyac.com Fax 561-863-8305
License # CAC057321

Business owners—The Retreat Newsletter is a great place for you to reach local customers. Ads are business card size in black and white. The ads appear in color on our WEB site, www.retreatatseabranh.com. Cost for each ad is \$125 for the year. A yearly contract is required. Please contact Coni McGuinn at 545.3465 or conimcguinn@aol.com. The revenue from the ads is used to defray our newsletter printing expenses.

TWO THINGS TO REMEMBER IN LIFE:

"Take care of your thoughts when you are alone", and
"Take care of your words when you are with people."



Inspiring and Positive Quotes

Received from Becky Brown



Don't forget to FALL BACK on Sunday, November 2nd at 2AM



HAPPY HOLIDAYS from your Newsletter Staff. Stay safe and enjoy your family and friends.




PHOTO CREDITS

Cloud Highways—Cindy Sullivan
Larc—Wally Malinowski
Walking the Walk!—Mary D'Avanzo
Wildlife—Susan Steadman

THANK YOU to all who contributed to this issue of our newsletter.

The theme for the January/February newsletter is:

RETREAT ARTISTS

PLEASE NOTE – The deadline will be December 10th – a little earlier than normal due to our travels/company.



4Wheel 2Wheel

Kevin E. Knoop
Expert Auto Detailing
Bicycle Repair & Maintenance

4wheel2wheel@gmail.com

772-349-4585



ILLUSTRATED PROPERTIES

300 W. Indiantown Rd. Jupiter, FL 33458

Nick Sacco
REALTOR®

Direct: (772) 293-8876
Bus: (561) 746-0008
Fax: (772) 546-0670
Cell: (561) 758-8889

Email: NickTheRealtor1@yahoo.com

YOUR NEIGHBOR IN THE RETREAT

Are your sliding glass doors hard to open?

WE CAN HELP!!!

- We repair sliding glass door rollers & windows.
- We make custom window screens too!



Cameron Corn
Owner

BRITE CONCEPTS, INC.
"No Job Too Small"

Martin & St Lucie: (772) 219-0724 Palm Beach: (561) 625-6078

Stuart Computer Service

Computer Repair & Setup ~ Computer Sales ~ Networks
Backup Solutions ~ Data Recovery ~ Virus Removal



Roger Bergstein

Office: 772-919-3669
Cell: 772-214-8750



roger@stuartcomputer.com
www.stuartcomputer.com

BERKSHIRE HATHAWAY

HomeServices

Linda Kosmala, PA, GRI, SFR
Real Estate Broker



Florida Realty
2363 SE Ocean Blvd
Stuart, FL 34996
772-692-8809 dir 772-284-5110 cell
772-286-2548 fax
lindakosmala@comcast.net



Member of the Berkshire Group of REAL ESTATE, LLC

Kathleen Nagro, ABR, CDPE, CRS, e-PRO, GRI
Broker-Associate, Realtor®, Distressed Properties Expert

cell/text: 561.316.8727
toll free: 866.647.7770
kathleennagro@gmail.com
www.kathleennagro.com

LANG REALTY
Tradition of Excellence

Serving The Palm Beaches and Southern Martin County
Member of Who's Who in Luxury Real Estate™



T H A N K
Y O U
T O
O U R
A D V E R T I S E R S



Call **GEORGE & CHAD**

www.retreatlostlake.com

George Rebholz &
Chad Thurman
(cell) 772-631-6097
Retreat Real Estate
Specialists



The Keyes Company
218 N. US Highway One, Tequesta, FL 33469

Molly Massage Ph# (772) 631-1338
Email: MollyMassage2@aol.net LMT Lic# 63077

5641 Crooked Oak Ave.
Hobe Sound, FL 33455 (STUART)



ONEWAY ROOFING

CHUCK CANASTRARO

PROJECT MANAGER
561-318-1738 cell
561-277-8507 office
561-277-2554 fax

chuckc@onewayroof.com
onewayroof.com

FL Lic. CCC1329311